

Saint Kitts and Nevis

Total population: 56 000

Income group: High

Mortality*

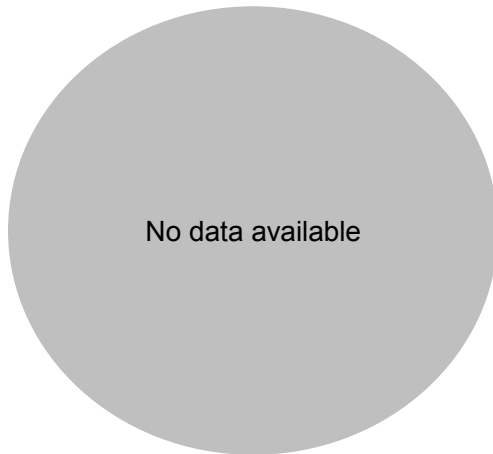
Number of diabetes deaths

| | males | females |
|------------|-------|---------|
| ages 30–69 | ... | ... |
| ages 70+ | ... | ... |

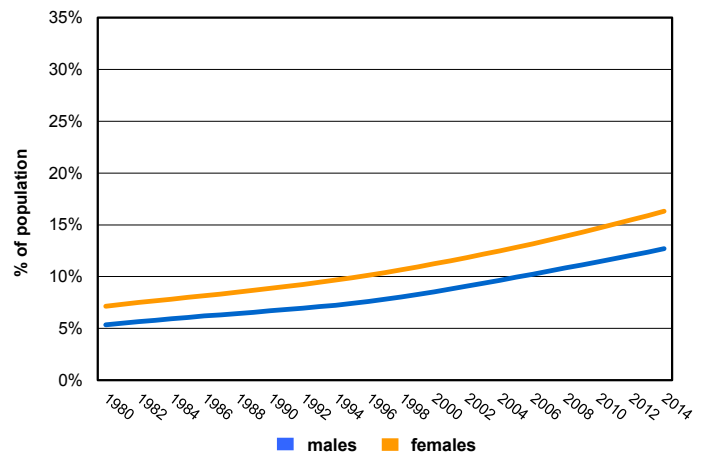
Number of deaths attributable to high blood glucose

| | males | females |
|------------|-------|---------|
| ages 30–69 | ... | ... |
| ages 70+ | ... | ... |

Proportional mortality (% of total deaths, all ages)*



Trends in age-standardized prevalence of diabetes



Prevalence of diabetes and related risk factors

| | males | females | total |
|---------------------|-------|---------|-------|
| Diabetes | 12.8% | 17.0% | 14.9% |
| Overweight | 53.0% | 65.2% | 59.1% |
| Obesity | 21.2% | 35.6% | 28.4% |
| Physical inactivity | 28.0% | 46.6% | 37.3% |

National response to diabetes

Policies, guidelines and monitoring

| | |
|--|---------------------------------|
| Operational policy/strategy/action plan for diabetes | Yes |
| Operational policy/strategy/action plan to reduce overweight and obesity | No |
| Operational policy/strategy/action plan to reduce physical inactivity | Yes |
| Evidence-based national diabetes guidelines/protocols/standards | Not available |
| Standard criteria for referral of patients from primary care to higher level of care | Available and fully implemented |
| Diabetes registry | No |
| Recent national risk factor survey in which blood glucose was measured | No |

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

| | |
|---------------|---|
| Insulin | ● |
| Metformin | ● |
| Sulphonylurea | ● |

Procedures

| | |
|--|---|
| Retinal photocoagulation | ○ |
| Renal replacement therapy by dialysis | ● |
| Renal replacement therapy by transplantation | ○ |

Basic technologies in primary care facilities

| | |
|---|---|
| Blood glucose measurement | ● |
| Oral glucose tolerance test | ● |
| HbA1c test | ● |
| Dilated fundus examination | ● |
| Foot vibration perception by tuning fork | ○ |
| Foot vascular status by Doppler | ● |
| Urine strips for glucose and ketone measurement | ● |

* See Explanatory Notes

○ = not generally available ● = generally available