Honduras

Total population: 8 075 000
Income group: Lower middle

Mortality*
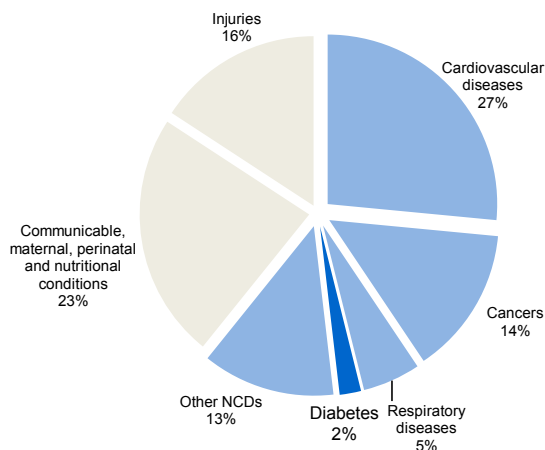
Number of diabetes deaths

	males	*females*
ages 30–69	190	160
ages 70+	160	210

Number of deaths attributable to high blood glucose

	males	*females*
ages 30–69	370	310
ages 70+	280	450

Proportional mortality (% of total deaths, all ages)*

Injuries 16%
Cardiovascular diseases 27%
Communicable, maternal, perinatal and nutritional conditions 23%
Cancers 14%
Other NCDs 13%
Diabetes 2%
Respiratory diseases 5%

Trends in age-standardized prevalence of diabetes
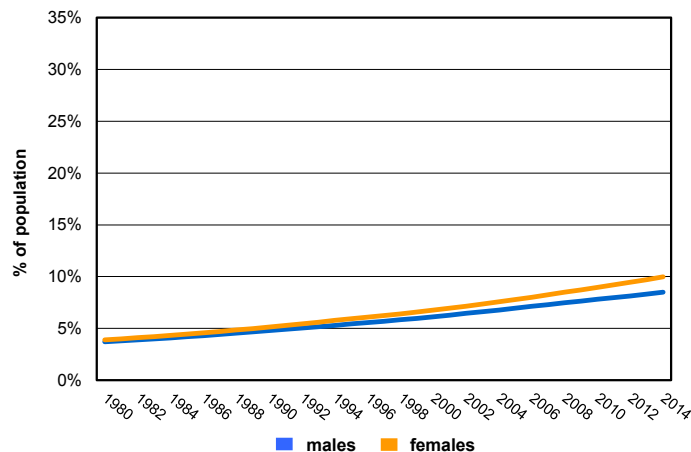
Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	6.5%	7.9%	7.2%
Overweight	43.3%	52.0%	47.6%
Obesity	11.1%	21.6%	16.3%
Physical inactivity	. . .	. . .	. . .

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	*No*
Operational policy/strategy/action plan to reduce overweight and obesity	*No*
Operational policy/strategy/action plan to reduce physical inactivity	*No*
Evidence-based national diabetes guidelines/protocols/standards	*Available but not implemented†*
Standard criteria for referral of patients from primary care to higher level of care	*Not available*
Diabetes registry	*No*
Recent national risk factor survey in which blood glucose was measured	*No*

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	○
Metformin	○
Sulphonylurea	○

Procedures

Retinal photocoagulation	○
Renal replacement therapy by dialysis	○
Renal replacement therapy by transplantation	○

Basic technologies in primary care facilities

Blood glucose measurement	●
Oral glucose tolerance test	○
HbA1c test	○
Dilated fundus examination	○
Foot vibration perception by tuning fork	○
Foot vascular status by Doppler	DK
Urine strips for glucose and ketone measurement	○

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).
† = documentation not provided
○ = not generally available   ● = generally available

DK = country responded "don't know"
… = no data available

World Health Organization – Diabetes country profiles, 2016.