

HEALTH ALERT



ENJOY THE 2010 FIFA WORLD CUP TRAVEL COMFORTABLY WITHOUT MEASLES AND RUBELLA

In the Region of the Americas measles was eliminated in 2002 and rubella in 2009. Any resident of the Americas, including participating teams in the World Cup and tourists traveling to the event, should be protected against measles and rubella prior to departure.

Travelers who cannot demonstrate protection **against measles or rubella** should be advised to receive the combined vaccine at least two weeks before departure.



During your trip and upon your return please look for these symptoms:

- Fever
- Rash
- Cough or coryza (runny nose) or conjunctivitis

IF UPON YOUR RETURN YOU BELIEVE YOU HAVE MEASLES OR RUBELLA:

- Stay at home or in your hotel room if traveling, except to seek medical care. Do not travel and do not go to school or work.
- Avoid close contact with others for 7 days after your rash begins.



For more information:
Contact the Ministry of Health