

Agenda

Training of trainer's workshop on WHO's QualityRights for the Caribbean Countries 7-10 May, Bridgetown, Barbados

Venue: Barbados PAHO Country Office

Day 1: Mental Health, Disability, and Human Rights

Moderator: Dr. Taraleen Malcolm

Time	Session	Presenters
8:30 am	Registration	Meeting Secretariat
8:40 am	Safety briefing	Ms. Kim Foster
8:45 am	Welcome and Opening Remarks Dr. Amalia del Riego, PAHO/WHO Representative Office for Barbados and the ECC Remarks: <ul style="list-style-type: none"> • Mr. Dean Chambliss, Director, PAHO Subregional Coordination Program for the Caribbean • Dr. Renato Oliveira, PAHO Unit Chief, Mental Health and Substance Use (virtual) • The Most Honorable Dr. Kenneth George, Chief Medical Officer of the Ministry of Health 	
9:00 am	Overview of the Mental Health Legislation in the Caribbean	Dr. Claudina Cayetano
9:30 am	Overview of Caribbean Regulatory Landscape	Mrs. Sheryl Dennis Wright
10:00 am	Coffee break and group picture	
Module 1: Human Rights		
10:20 am	Overview of WHO QualityRights Initiative	Dr. Claudina Cayetano
10:30 am	Instructions for completion of pre-test assessment forms	Mrs. Catalina Ortuzar-Lyon
10:45 am	Session 1. Human rights and living a good life. Session 2. Human rights violations and groups at higher risk	Ms. Jasmine Kalha
11:45 am	Session 3. Respecting, protecting, and fulfilling human rights	Ms. Jasmine Kalha
12:15 pm	Plenary - Group Discussion	
12:30 pm	Lunch	
Module 2: Mental health, disability and human rights		
1:30 pm	Session 1. Understanding discrimination and denial of rights Session 2. Understanding disability from a HR perspective	Ms. Jasmine Kalha

	Session 3. Convention of the rights of persons with disabilities	
2:45 pm	Break	
3:00 pm	Session 4. Applying CRPD to real life scenarios Session 5. Empowering people to defend CRPD rights	Ms. Jasmine Kalha
4:00 pm	Plenary	Discussion
4:30 pm	End of Day 1	

Day 2: Strategies to end seclusion and restraint

Moderator: Mrs. Sheryl Dennis Wright

Time	Session	Presenters
8:30 am	Review of day 1	
Module 3: Strategies to end seclusion and restraint		
9:00 am	Session 1. Defining seclusion and restraint Session 2. Assumptions about seclusion and restraint Session 3. Tense situations and successful response	Dr. Claudina Cayetano
10:30 am	Coffee break	
10:50 am	Session 4. Attitudes and power relations Session 5. Key strategies to diffuse conflicts. Session 6. Communication techniques Session 7. Supportive environments Session 8: A “yes” and “can do” culture	Dr. Claudina Cayetano
12:45 pm	Lunch	
1:30 pm	Session 9. Response teams Session 10. Complaints and reporting procedures. Session 11. Stopping violence, coercion, and abuse in mental health services	Dr. Claudina Cayetano
2:30 pm	Break	
4:00 pm	Plenary	Discussion
4:30 pm	End of Day 2	

Day 3: Recovery, the right to health and legal capacity

Moderator: Mrs. Catalina Ortuzar

Time	Session	Presenters
Module 4: Recovery and the right to health in mental health services		
8:30 am	Session 1. Mental health Session 2. Promoting the right to health Session 3. Recovery and promoting recovery	Ms. Jasmine Kalha
10:30 am	Coffee break	
10:50 am	Session 4. Practices to promote recovery	Ms. Jasmine Kalha
11:50 am	Plenary	Discussion
12:15 pm	Lunch	
Module 5: Legal capacity and the right to decide in mental health services		
1:00 pm	Session 1. The right to legal capacity	Ms. Jasmine Kalha
2:30 pm	Break	
2:45 pm	Session 2. Supported decision-making and advanced planning. Session 3. Informed consent and person led treatment and recovery plans	Ms. Jasmine Kalha
4:00 pm	Plenary	Discussion
4:30 pm	End of Day 3	

Day 4: Freedom from coercion, violence, and abuse

Moderator: Mrs. Catalina Ortuzar and Mrs. Sheryl Dennis Wright

Time	Session	Presenters
8:30 am	Session 4. Avoiding involuntary detention and treatment	Ms. Jasmine Kalha
Module 6: Creating services free from coercion, violence and abuse		
9:30 am	Session 1. Violence, coercion, and abuse	Ms. Jasmine Kalha
10:30 am	Coffee break	

10:50 am	<p>Session 2. Impacts of violence, coercion and abuse</p> <p>Session 3. Reasons why violence, coercion and abuse occur in services.</p> <p>Session 4. Living independently and being included in the community</p>	<p>Dr. Claudina Cayetano</p> <p>PWLE (to be confirmed)</p>
12:45 pm	Lunch	
1:45 pm	Post-training assessment and feedback survey	Mrs. Catalina Ortuzar
2:00 pm	Plenary	
2:30 pm	Break	
2:45 pm	Discussion about attitudes based on results from pre- and post- assessments	Dr. Claudina Cayetano
3:45 pm	Final discussion and conclusion	Discussion
3:55 pm	End of the training	
4:00 pm	Wellness Activity	