

# Publications Catalogue 2021





## PAHO Publications Newsletter



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# PAHO PUBLICATIONS

PAHO is a leading and authoritative source of health information in the Americas and globally. Our reports contribute to evidence-based decision-making to improve and promote health as a driver of sustainable development. Norms and standards publications, such as guidelines and operational, clinical, and laboratory guides, are a reference for the Region and the world. We publish on topics such as communicable diseases and environmental determinants of health; noncommunicable diseases and mental health; health systems and services; family, health promotion, and life course; evidence and intelligence for action in health; sustainable development and health equity; and health emergencies.

*The Revista Panamericana de Salud Pública / Pan American Journal of Public Health (RPSP/PAJPH)* is a PAHO open-access, peer-reviewed journal. It publishes original research in English, Portuguese, and Spanish. PAHO audiences are complex and diverse, and we strive to continually improve our ability to meet your information needs.

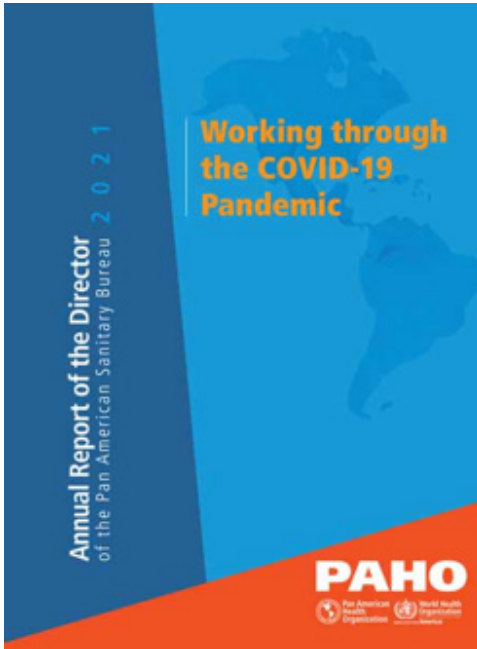
Between 2020 and 2021, PAHO published more than 700 documents on key COVID-19 topics ranging from vaccination to the intersection of health and economy, vulnerable populations, and mental health. PAHO also publishes an ongoing living update of potential COVID-19 therapeutics. Our COVID-19 documents are an invaluable source of guidance for Ministries of Health, policymakers, researchers, health practitioners, and the public at large.

This catalogue presents a selection of recent PAHO publications. PAHO is committed to open access and most of our publications are available under a Creative Commons license. Visit our repository at: <https://iris.paho.org/>.

Printed copies can be ordered from our distributor's platform, Amazon, or you can write to us at: [publications@paho.org](mailto:publications@paho.org).



## PAHO KEY PUBLICATIONS



### **Annual Report of the Director of the Pan American Sanitary Bureau 2021. Working through the COVID-19 Pandemic**

2021

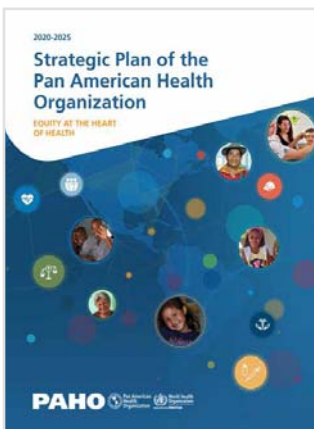
ISBN 9789275173640

149 pp., 8.5 x 11"

US\$ 45.00

*Also available in Spanish*

The Director's 2021 annual report, Working through the COVID-19 Pandemic, provides an overview of technical cooperation with PAHO Member States undertaken between July 2020 and June 2021, within the framework of the 2020–2025 Strategic Plan of the Pan American Health Organization (PAHO). The report summarizes achievements, challenges, and lessons learned through activities at national, subregional, and regional levels in the context of COVID-19. It also highlights important opportunities for strengthening PAHO's contributions to health equity and the progressive realization of the right to health.



### **Strategic Plan of the Pan American Health Organization 2020-2025: Equity at the Heart of Health**

2020

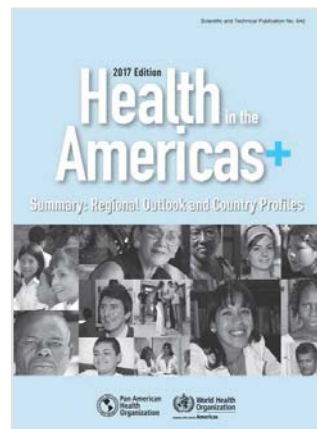
ISBN 9789275173619

146 pp., 8.5 x 11"

US\$ 45.00

*Also available in French, Portuguese, and Spanish*

Under the theme Equity at the Heart of Health, this Plan seeks to catalyze efforts in Member States to reduce inequities in health within and between countries and territories in order to improve health outcomes. The Plan identifies specific actions to tackle health inequality, including those recommended by the Commission on Equity and Health Inequalities in the Americas, with guidance from the High-level Commission for Universal Health. Four cross-cutting themes are central to this Plan's approach to addressing the determinants of health: equity, gender, ethnicity, and human rights.



### **Health in the Americas+**

2017

ISBN 9789275119662

256 pp., 8.5 x 11"

US\$ 85.00

*Also available in Portuguese and Spanish*

Health in the Americas+ is a new way of viewing PAHO's flagship publication. This publication has focused on one of the organization's main mandates, which is to collect and disseminate information on health conditions and trends in the countries and territories of the Americas and the Caribbean. This new portal now centralizes access to all information published in Health in the Americas, beginning with the current edition, which focuses on Potentially Avoidable Premature Mortality. It includes new and more interactive ways to view data and compare information in different regions and countries.







Between 2020 and 2021, PAHO published more than 700 COVID-19 publications, which covered a plethora of health topics ranging from special treatments for COVID-19 to managing mental health.

For more information visit these COVID-19 resources:



©PAHO/WHO

PAHO TECHNICAL GUIDELINES



©PAHO/WHO – Karen González

WHO TECHNICAL GUIDELINES



©PAHO/WHO – Gerardo Cárdenas

PAHO/WHO DATABASE

PAHO and ECLAC joint analysis of the impact of the COVID pandemic on health and the economy and key recommendations for a transformative recovery

FEATURED



The Prolongation of the Health Crisis and its Impact on Health, the Economy and Social Development

FEATURED



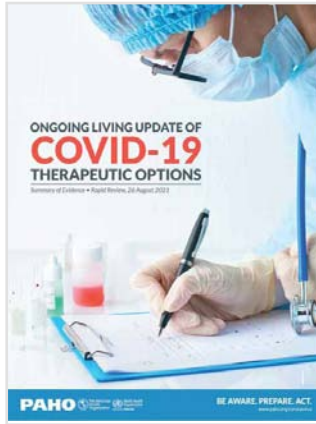
Health and the Economy: A Convergence Needed to Address COVID-19 and Retake the Path of Sustainable Development in Latin America and the Caribbean

The Economic Commission for Latin America and the Caribbean (ECLAC) and the Pan American Health Organization (PAHO) have produced their second joint report to update the situation on the evolution of the COVID-19 pandemic and its implications for health, society, and the economy. This report defines potential scenarios for control of the pandemic and recommends long-term actions to strengthen the response capacity of countries in the context of a transformative recovery.

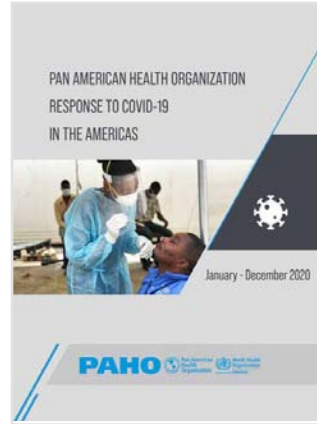
At a time when Latin America and the Caribbean is the epicenter of the COVID-19 pandemic, this ECLAC/PAHO joint publication highlights the essential need to increase public investment in health systems, and to immediately address unmet health needs, reduce inequities, and improve conditions for accessing essential services, including financial protection. The report proposes an approach in three nonlinear and interrelated phases: control, reactivation, and rebuilding. The report concludes that countries' economies will not recover until the pandemic transmission curve is brought under control.



# COVID-19 PUBLICATIONS HIGHLIGHTS



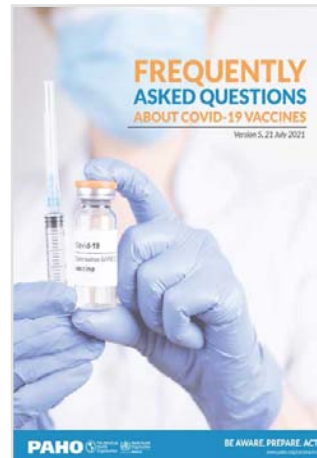
**Ongoing Living Update of COVID-19 Therapeutic Options: Summary of Evidence. Rapid Review**



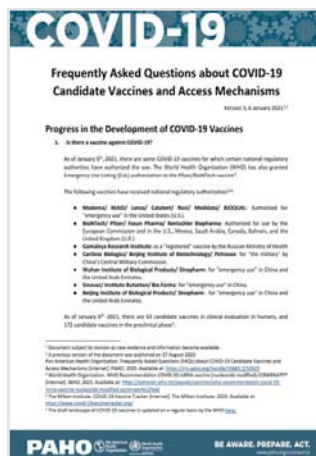
**Pan American Health Organization Response to COVID-19 in the Americas. January–December 2020**



**Introducing COVID-19 vaccination: Guidance for determining priority groups and microplanning. Version 1, 18 January 2021**



**Frequently Asked Questions about COVID-19 Vaccines. Version 5, 6 July 2021**

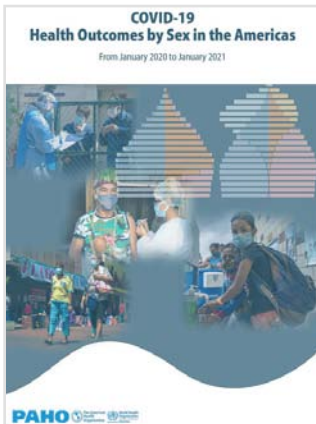


**Frequently Asked Questions (FAQs) about COVID-19 Candidate Vaccines and Access Mechanisms. Version 3, 6 January 2021**



**Guide for the Preparation of a Risk Communication Strategy for COVID-19 Vaccines: A Resource for the Countries of the Americas**

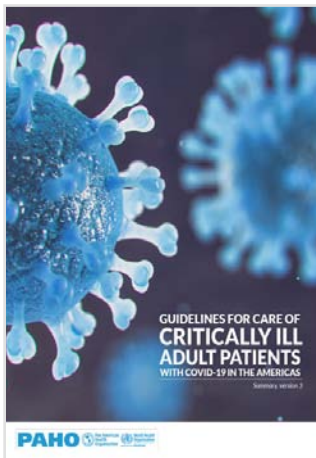
# COVID-19 PUBLICATIONS HIGHLIGHTS



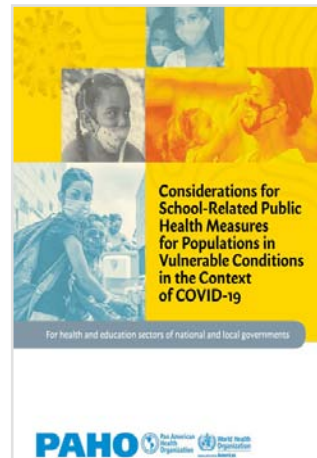
**COVID-19 Health Outcomes by Sex in the Americas. From January 2020 to January 2021**



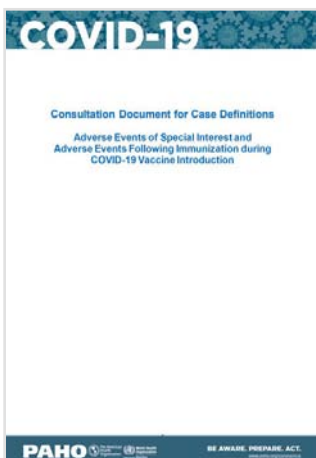
**Considerations on Thrombotic Events Following Administration of the Oxford-AstraZeneca COVID-19 Vaccine in Europe, 7 April 2021**



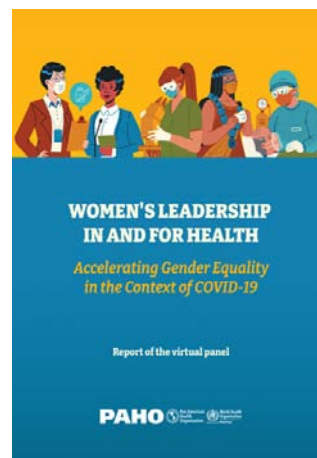
**Guidelines for Care of Critically Ill Adult Patients with COVID-19 in the Americas. Summary, version 3**



**Considerations for School-Related Public Health Measures for Populations in Vulnerable Conditions in the Context of COVID-19**



**Consultation Document for Case Definitions: Adverse Events of Special Interest and Adverse Events Following Immunization during COVID-19 Vaccine Introduction**



**Women's Leadership in and for Health: Accelerating Gender Equality in the Context of COVID-19**

# Pan American Journal of Public Health

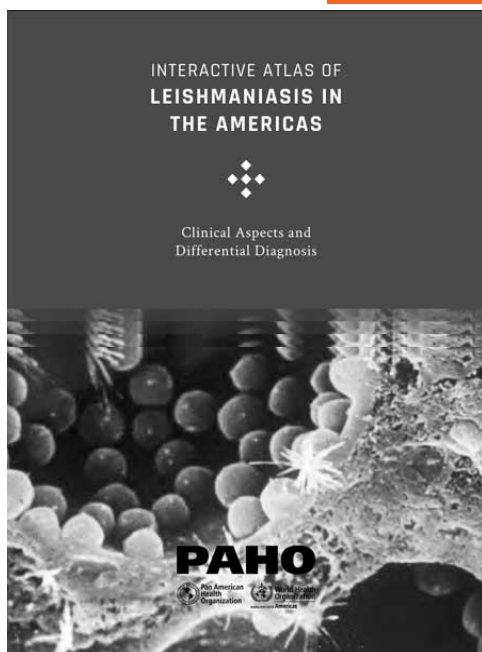
Read this free, open access, peer-reviewed journal, PAHO's flagship scientific and technical periodical publication, for the latest public health information of international significance.

<https://www.paho.org/journal/en>





**FEATURED**



**Interactive Atlas of Leishmaniasis in the Americas: Clinical Aspects and Differential Diagnosis**

2020

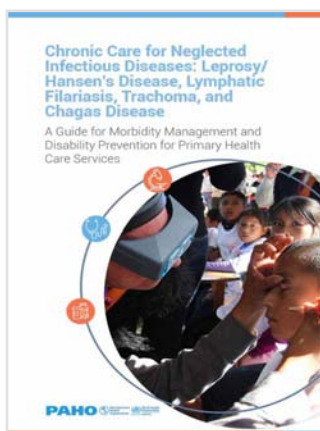
ISBN 9789275121900

582 pp., 8.5 x 11"

US\$ 175.00

Also available in Portuguese and Spanish

This innovative publication discusses the main concepts and knowledge about leishmaniasis in the Americas, illustrating the clinical situation of this disease in 10 endemic countries, through 1,029 photographs and illustrations that can be viewed on smartphones, tablets, and desktop or laptop computers. In this publication, health care professionals can interactively search for and study photographs and illustrations that reflect their daily work in the health services.



**Chronic Care for Neglected Infectious Diseases: Leprosy/Hansen's Disease, Lymphatic Filariasis, Trachoma, and Chagas Disease: A Guide for Morbidity Management and Disability Prevention for Primary Health Care Services**

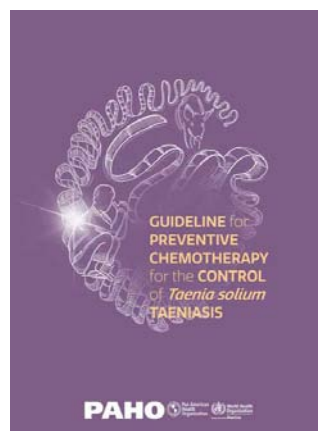
2021

ISBN 9789275122518

196 pp., 6 x 9"

US\$ 50.00

This manual provides a framework for morbidity management and disability prevention of patients affected by neglected infectious diseases. It also gives specific guidance for the proper care of patients suffering from chronic conditions caused by lymphatic filariasis, leprosy, trachoma, and Chagas disease. It is intended to be used mainly by health care workers at the primary health care level, but health workers at more complex and specialized levels may also find it useful.



**Guideline for Preventive Chemotherapy for the Control of *Taenia solium* Taeniasis**

2021

ISBN 9789275123713

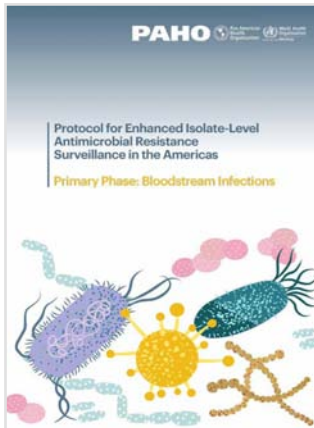
60 pp., 8.5 x 11"

US\$ 35.00

The larval stage of the parasite *Taenia solium* can encyst in the central nervous system leading to neurocysticercosis, which is the main cause of acquired epilepsy in the countries in which the parasite is endemic. This guideline provides recommendations for preventive chemotherapy in *Taenia solium*-endemic areas using niclosamide, praziquantel, or albendazole. The development of this guideline was done using the latest standard WHO methods for guideline development, including the use of systematic search strategies, synthesis, quality assessment of the available evidence to support the recommendations, and participation of experts and stakeholders in the Guideline Development Group and External Review Group.



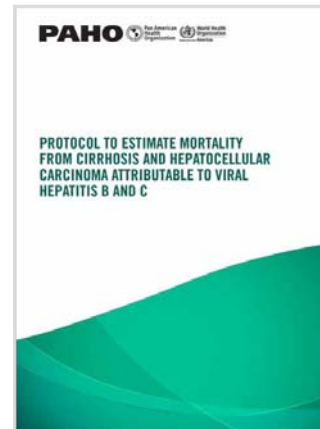
## COMMUNICABLE DISEASES AND ENVIRONMENTAL DETERMINANTS OF HEALTH



### Protocol for Enhanced Isolate-Level Antimicrobial Resistance Surveillance in the Americas. Primary Phase: Bloodstream Infections

2021  
ISBN 9789275122693  
58 pp., 8.5 x 11"  
US\$ 35.00  
Also available in Spanish

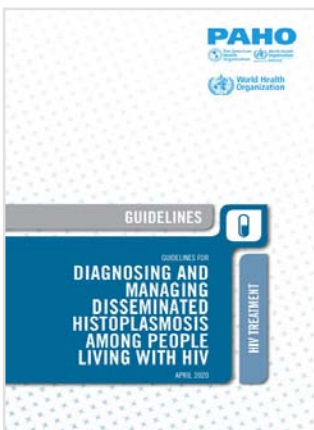
This protocol describes the steps and procedures to establish/enhance antimicrobial resistance (AMR) surveillance in Latin America and the Caribbean. It provides technical guidance to integrate patient, laboratory, and epidemiological data to monitor AMR emergence, trends, and effects in the population. It also provides the necessary elements to move from aggregated data to isolate-level data surveillance starting with blood isolates. This publication facilitates uniform data collection processes, methods, and tools to ensure data comparability within the Region of the Americas.



### Protocol to Estimate Mortality from Cirrhosis and Hepatocellular Carcinoma Attributable to Viral Hepatitis B and C

2021  
ISBN 9789275173596  
24 pp., 8.27 x 11.69"  
US\$ 25.00  
Also available in Spanish

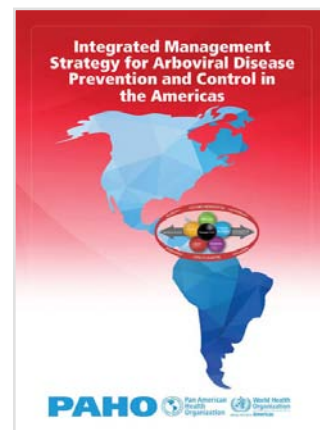
A goal of the Global Health Sector Strategy on Viral Hepatitis 2016–2021 is to reduce mortality from hepatitis viruses B (HBV) and C (HCV) by 2030. Aimed at institutions and/or ministries charged with monitoring progress, the publication presents simple methods to estimate the proportion of patients with cirrhosis and hepatocellular carcinoma who have HBV and HCV infection, and calculate the national mortality due to these sequelae. The publication also provides a framework on how the surveillance system should function, data collection, and ethical considerations.



### Guidelines for Diagnosing and Managing Disseminated Histoplasmosis among People Living with HIV

2020  
ISBN 9789275122488  
110 pp., 7 x 10"  
US\$ 25.00  
Also available in Spanish

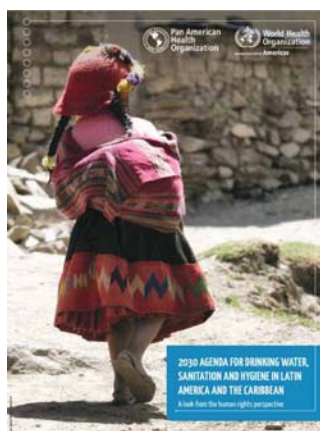
Histoplasmosis is a disease caused by the fungus *Histoplasma capsulatum*. This disease is highly endemic in some regions of North America, Central America, and South America, and is also reported in certain countries of Africa and Asia. It often affects people with impaired immunity, including people living with HIV, among whom the most frequent clinical presentation is disseminated histoplasmosis. These guidelines aim to provide recommendations for the diagnosis, treatment, and management of disseminated histoplasmosis in persons living with HIV.



### Integrated Management Strategy for Arboviral Disease Prevention and Control in the Americas

2020  
ISBN 9789275120491  
95 pp., 8.5 x 11"  
US\$ 35.00

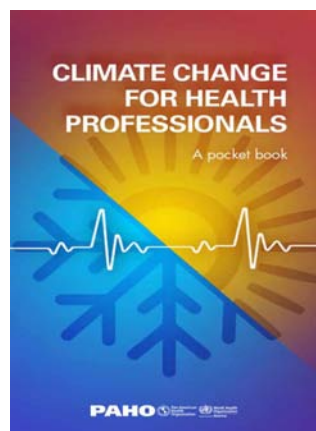
In recent years, conditions in the Region of the Americas have been highly favorable for the introduction and spread of arthropod-borne viral infections (arboviral diseases). Although the dengue virus has been circulating for over 400 years, the number of cases reported since 2000 represents an unprecedented increase. This complex situation can only be addressed with a comprehensive and multidisciplinary approach. The development of IMS-arbovirus is part of a history of technical cooperation between PAHO/WHO and the countries and territories of the Americas. It is based on the lessons learned during the development and implementation of national IMS-dengue programs in recent years.



## 2030 Agenda for Drinking Water, Sanitation and Hygiene in Latin America and the Caribbean: A Look from the Human Rights Perspective

2020  
 ISBN 9789275121115  
 71 pp., 8.27 x 11.69"  
 US\$ 40.00  
 Also available in Spanish

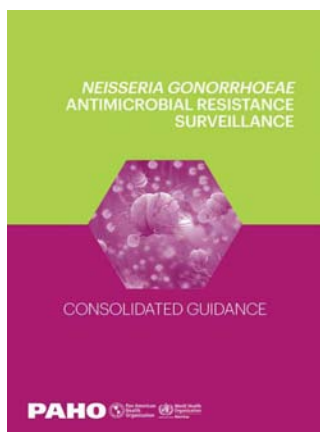
This report presents the most current achievements of Targets 6.1 and 6.2 of the Sustainable Development Goals related to water supply, sanitation, and hygiene in the countries of Latin America and the Caribbean while emphasizing inequality, human rights, and the areas that require intervention. The results show that a significant proportion of the population lacks adequate access to safely managed water and sanitation services: 65% and 22%, compared to 71% and 39% worldwide, respectively. The document aims to mobilize initiatives that prioritize and reduce inequalities in access to drinking water and sanitation in the countries.



## Climate Change for Health Professionals: A Pocket Book

2020  
 ISBN 9789275121849  
 129 pp., 7 x 10"  
 US\$ 24.00  
 Also available in Spanish

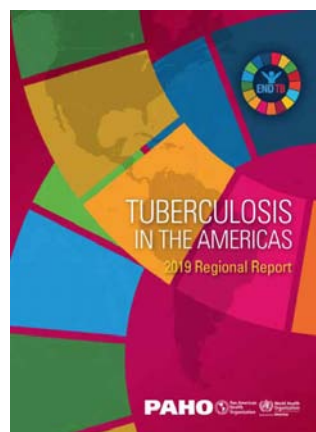
This pocket book, based on empirical data, offers essential information for medical personnel and other health professionals to realize the impacts of climate change on their daily practice. With this quick reference guide, providers can easily recognize diseases and side effects related to climate change, implement appropriate management and provide guidance to exposed populations, provide up-to-date information on the relationship between the adverse effects of certain drugs and the worsening of climate-sensitive health conditions, and determine the possible consequences of climate change for health services.



## Neisseria gonorrhoeae Antimicrobial Resistance Surveillance: Consolidated Guidance

2020  
 ISBN 9789275122365  
 38 pp., 8.5 x 11"  
 US\$ 18.00  
 Also available in Spanish

Prevention, early diagnosis, and effective treatment are essential for the control and elimination of *Neisseria gonorrhoeae* as a public health problem. Currently, in Latin America and the Caribbean, treatment for gonorrhea infection is largely empiric and based on clinical diagnosis. In the Americas, the high burden of new infections (estimated at 11 million new cases a year), the complexity of the disease epidemiology, and in many countries the limited resources, make it difficult to fully understand the burden of disease and the burden of antimicrobial resistance (AMR) in *N. gonorrhoeae*. This document aims to consolidate guidance on AMR surveillance for *N. gonorrhoeae*.



## Tuberculosis in the Americas. 2019 Regional Report

2020  
 ISBN 9789275122730  
 96 pp., 8.5 x 10"  
 US\$ 40.00  
 Also available in Spanish

Tuberculosis is one of the 10 leading causes of death worldwide and still represents a major public health problem in the Region of the Americas. This report presents the situation of tuberculosis in the Region. Epidemiological analyses and programmatic data provide an overview of the TB situation in the Region, with emphasis on case detection, preventive treatment, treatment outcomes, drug-resistant TB, TB/HIV co-infection, and vulnerable groups, among other aspects. An analysis of TB funding in the Region is also included.



## HEALTH EMERGENCIES AND PREPAREDNESS

**THIRD EDITION**



### **Influenza and Other Respiratory Viruses: Surveillance in the Americas 2019**

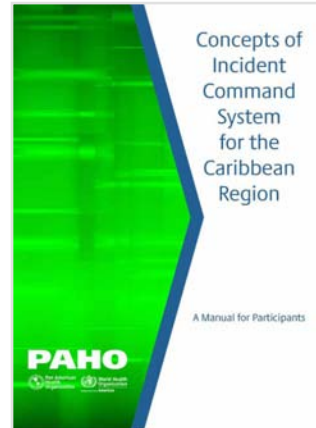
2020

ISBN 9789275122785

136 pp., 8.5 x 11"

US\$ 45.00

This third edition of the landscape analysis of Influenza and Other Respiratory Viruses: Surveillance in the Americas provides regional and country-specific data that are used and valued by forums in the Region and beyond. This report illustrates the complexities in the surveillance of influenza and other respiratory viruses, and highlights differences in the countries' preparedness capacities through charts, infographics, tables, and brief narratives.



### **Concepts of Incident Command System for the Caribbean Region. A Manual for Participants**

2021

ISBN 9789275123270

84 pp., 7 x 10"

US\$ 35.00

The Incident Command System (ICS) is a management tool for coordinating incidents or events that may exceed the daily capacity to respond. Most Caribbean countries have adopted the ICS as their standard for emergency response and operational deployment. It is critical to provide training for all first responders (i.e., law enforcement, fire, or emergency medical services personnel) who may be called upon to function in an ICS environment. This manual will also be of interest to NGOs.

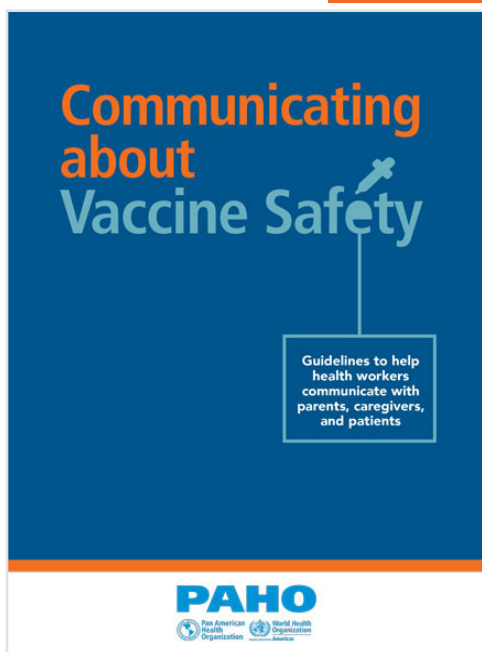
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**FEATURED**



**Communicating about Vaccine Safety: Guidelines to Help Health Workers Communicate with Parents, Caregivers, and Patients**

2020

ISBN 9789275122815

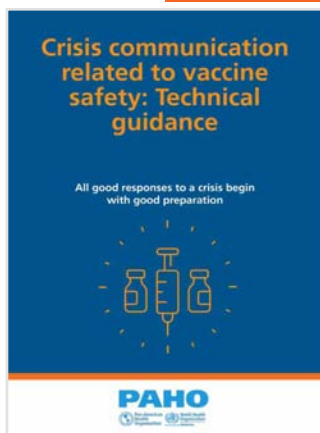
64 pp., 8.27 x 11.69"

US\$ 35.00

Also available in French, Portuguese, and Spanish

Vaccines save between 2 million and 3 million lives each year and protect the entire population from more than a dozen life-threatening diseases. Given this context, the main objective of these guidelines is to provide tools for staff working in the field of immunization to support effective communication between health personnel and the general population, with the aim of strengthening, maintaining, or recovering trust in vaccines and the immunization programs in the Region of the Americas.

**FEATURED**



**Crisis Communication Related to Vaccine Safety: Technical Guidance**

2020

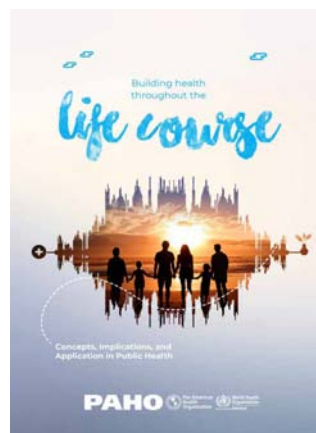
ISBN 9789275123133

76 pp., 8.27 x 11.69"

US\$ 35.00

Also available in French, Portuguese, and Spanish

Vaccine- and vaccination-related crises require a communication response that is different from the communication strategies used to promote the benefits and importance of vaccines in general. This document presents the technical guidance needed to develop a communication plan that is appropriate for managing crises related to vaccine safety. This guidance will help preparedness and response teams working in safety crises to optimize their communication plans to regain, maintain, or strengthen trust in vaccines, vaccination, and immunization programs in general.



**Building Health Throughout the Life Course. Concepts, Implications, and Application in Public Health**

2021

ISBN 9789275123034

180 pp., 8.5 x 11"

US\$ 85.00

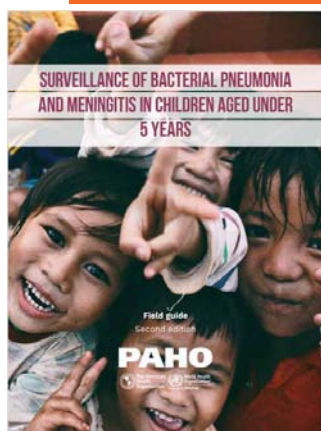
Also available in Portuguese and Spanish

This publication elucidates how health develops and changes throughout the life course, and how the use of the life course approach among public health practitioners can ensure that health as a human right is achieved for all individuals. It describes the life course vision of health that focuses not only on diseases and their consequences, but also on achieving long, healthy, active, and productive lives. The publication aims to help decisionmakers and public health professionals understand the meaning and concepts of life course.



## FAMILY, HEALTH PROMOTION, AND LIFE COURSE

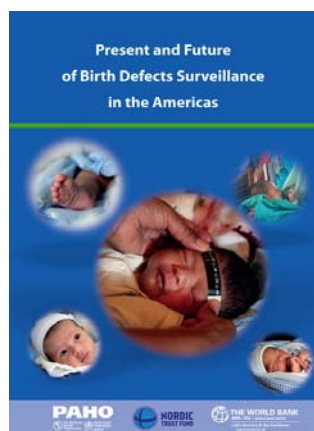
**SECOND EDITION**



### Surveillance of Bacterial Pneumonia and Meningitis in Children Aged Under 5 Years: Field Guide. Second Edition

2021  
ISBN 9789275121887  
99 pp., 8.5 x 11"  
US\$ 40.00

Surveillance of Bacterial Pneumonia and Meningitis in Children Aged Under 5 Years has become an important reference manual for health professionals in the Americas involved in epidemiological surveillance. It provides information on diseases, principal etiologic agents, available vaccines, laboratory procedures, and surveillance activities to detect and monitor cases, as well as data analysis to generate relevant information. This second edition describes some new developments as well as updating procedures to reflect advances in molecular testing for laboratory diagnoses and the availability of new vaccines.



### Present and Future of Birth Defects Surveillance in the Americas

2020  
ISBN 9789275121924  
76 pp., 8.5 x 10"  
US\$ 25.00  
Also available in Spanish

In Latin America and the Caribbean, approximately one of every five deaths during the first 28 days of life is due to birth defects. From 1990 to 2017, neonatal mortality in Latin America and the Caribbean decreased from 23 to 10 neonatal deaths per 1,000 live births, a 58% reduction. However, inequalities in neonatal mortality must be addressed: in 2008, estimated neonatal mortality in the Region's countries ranged from 3.8 to 24.6 per 1,000 live births. Birth defects contribute substantially to the burden of morbidity and mortality in the Region of the Americas.



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Pan American Health Organization



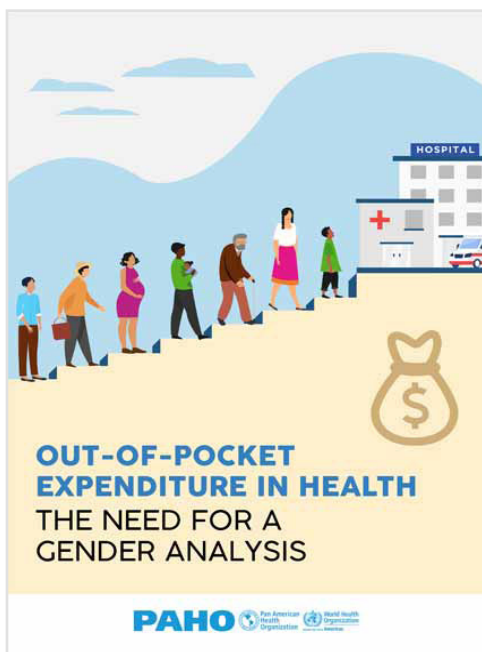
@pahowho



@opspaho



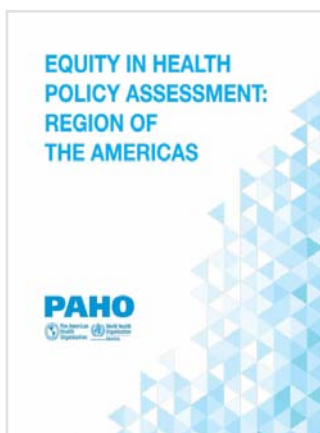
PAHOTV



**Out-of-Pocket Expenditure in Health: The Need for a Gender Analysis**

2021  
 ISBN 9789275123539  
 51 pp., 8.27 x 11.69”  
 US\$ 35.00  
 Also available in Spanish

The main purpose of this publication is to advocate for the need to understand the gendered nature of vulnerabilities to poor health. The impact of health-related out-of-pocket expenditure (OPE) on household poverty has been a significant factor driving the move toward universal health coverage across much of Latin America and beyond. However, the gender dimensions of OPE have received little attention. Until policymakers consider the issue through a gender lens, OPE will continue to limit the potential of universal health care coverage to effectively address health inequalities.

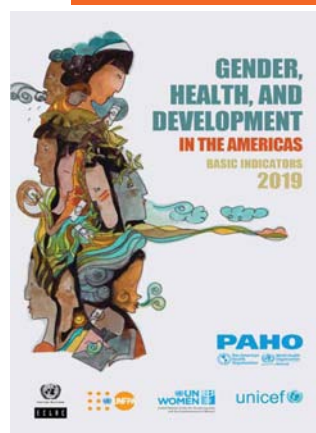


**Equity in Health Policy Assessment: Region of the Americas**

2020  
 ISBN 9789275122914  
 60 pp., 8.5 x 11”  
 US\$ 35.00  
 Also available in Spanish

Public sector policy is the principal initial lever through which both national and local governments institute and finance actions toward accelerating the achievement of equity in health. This study assessed 32 national health plans to report on whether and how countries in the Region are integrating the achievement of health equity into strategic lines of action in the health sector. It provides a snapshot of approaches and advances, allowing for knowledge sharing among countries on options for attention to equity in health policy.

**EIGHTH EDITION**



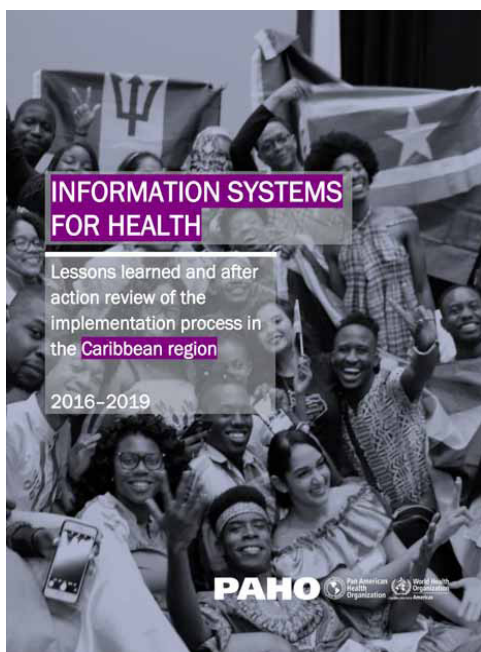
**Gender, Health, and Development in the Americas: Basic Indicators 2019**

2020  
 ISBN 9789275122624  
 36 pp., 8.5 x 11”  
 US\$ 18.00  
 Also available in Spanish

This is the eighth edition of the statistical brochure on Gender, Health, and Development in the Americas: Basic Indicators. This compendium of indicators illustrates the differences in health between men and women and in the social, economic, and environmental determinants. It highlights once again the importance of continuing to collect disaggregated data to conduct gender-based analysis in order to determine, address, reduce, and eliminate the causes of gender-related inequalities.



## EVIDENCE AND INTELLIGENCE FOR ACTION IN HEALTH



### **Information Systems for Health: Lessons Learned and After Action Review of the Implementation Process in the Caribbean Region, 2016-2019**

2021

ISBN 9789275123591

120 pp., 8.5 x 11"

US\$ 35.00

*Also available in Spanish*

The information systems for health (IS4H) initiative was created with the vision of implementing universal access to health and universal health coverage in the Region. In the past four years, PAHO has provided support for IS4H strengthening through actions and strategies in collaboration with countries under the IS4H strategic framework. To identify key lessons for the future, this after-action review discusses four questions about the collective work done: What was expected to happen? What really happened? What went well and why? What can be improved and how?





## FEATURED

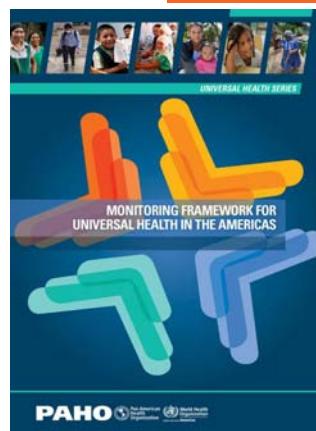


**The Essential Public Health Functions in the Americas: A Renewal for the 21st Century. Conceptual Framework and Description**

2020  
ISBN 9789275122648  
118 pp., 8.5 x 11"  
US\$ 40.00  
Also available in Spanish

This publication presents a renewed conceptual framework for the essential public health functions in the Region of the Americas. It aims to provide greater conceptual clarity and operability to the new scope of action of public health, and bridge a gap in conceptual proposals on health system strengthening. The proposal culminates in a series of recommendations for the implementation of the integrated essential public health functions approach.

## FEATURED



**Monitoring Framework for Universal Health in the Americas**

2021  
ISBN 9789275122716  
112 pp., 8.5 x 11"  
US\$ 40.00  
Also available in Spanish

The framework discussed in this publication supports the analysis of progress and performance of public policies, the generation of evidence, and the decision-making to transform or strengthen health systems. The publication offers guidelines for technical units of national health authorities. The activities it proposes could be implemented in an integrated manner with PAHO's technical cooperation work and related tools developed to strengthen capacities for monitoring, evaluation, and analysis of transformation processes of health systems to advance toward universal health in the Region of the Americas.

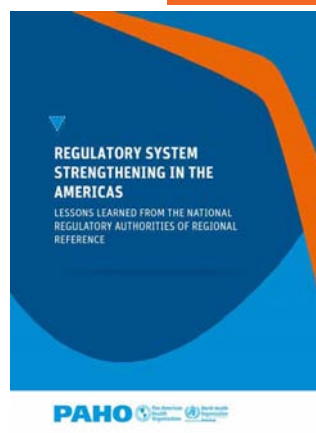


**Fiscal Space for Health in Latin America and the Caribbean**

2020  
ISBN 9789275120002  
128 pp., 8.5 x 11"  
US\$ 45.00  
Also available in Spanish

Countries that have made the most progress toward universal coverage have public expenditure in health equivalent to at least 6% of their GDP, which is the percentage established in PAHO's universal health strategy as the benchmark for countries. This report compiles and summarizes PAHO's studies on fiscal space for universal health in the Americas. With this document, whose target audience is the technical personnel responsible for policy development, decisionmakers, and authorities, PAHO hopes to contribute to the analysis and discussion of health financing policies on the path toward universal health.

## FEATURED



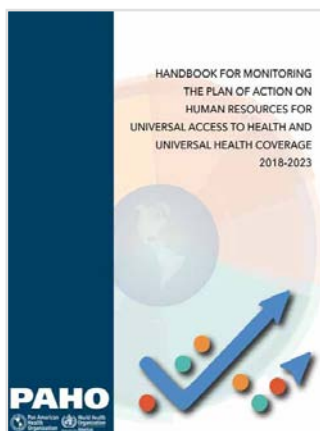
**Regulatory System Strengthening in the Americas. Lessons Learned from the National Regulatory Authorities of Regional Reference**

2021  
ISBN 9789275123430  
134 pp., 8.5 x 11"  
US\$ 65.00

This report aims to improve understanding of national regulatory remit and capacity in the Americas, raise awareness and appreciation of regional regulatory progress and challenges, identify the regulatory issues emerging markets will bring, and highlight opportunities for evidence-based regulatory system strengthening. It includes an overview of the market outlook and economic integration mechanisms in the Americas and their influence on regulatory policy and pharmaceutical trade. In addition, the report includes a supplement to describe salient regulatory emergency responses to the COVID-19 pandemic in the Americas.



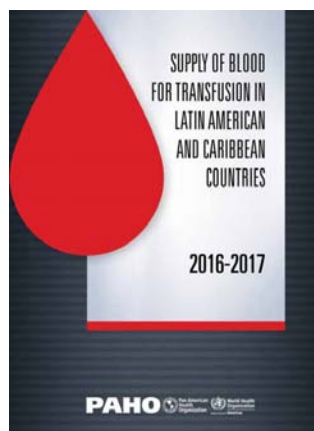
## HEALTH SYSTEMS AND SERVICES



### Handbook for Monitoring the Plan of Action on Human Resources for Universal Access to Health and Universal Health Coverage 2018-2023

2021  
 ISBN 9789275123577  
 91 pp., 8.27 x 11.69"  
 US\$ 40.00  
 Also available in Spanish

This handbook presents the methodology for monitoring the Plan of Action. It defines and explains the objectives, indicators, and attributes of the three lines of action contained in the Strategy on Human Resources for Universal Access to Health and Universal Health Coverage and in the Plan of Action. The methodology will help countries measure and evaluate their progress, and identify the challenges in their specific context. The information obtained will also serve as input for the progress and final reports on the Plan of Action.

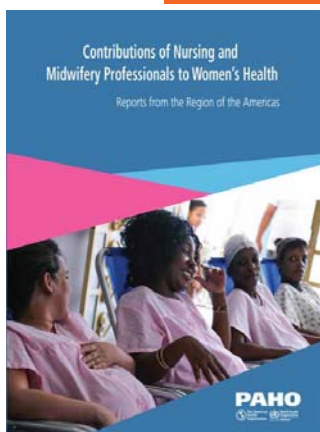


### Supply of Blood for Transfusion in Latin American and Caribbean Countries 2016-2017

2020  
 ISBN 9789275121719  
 112 pp., 8.5 x 11"  
 US\$ 40.00

Blood transfusions are necessary to improve or save the lives of children with severe anemia, mothers in obstetric emergencies, patients with hemoglobinopathies, cancer patients, transplant patients, patients with chronic age-related diseases such as bleeding caused by vascular problems and orthopedic surgeries, and people injured in accidents, among other causes. The data presented here allow monitoring and reporting on progress and limitations in the implementation of the Action Plan for Universal Access to Safe Blood.

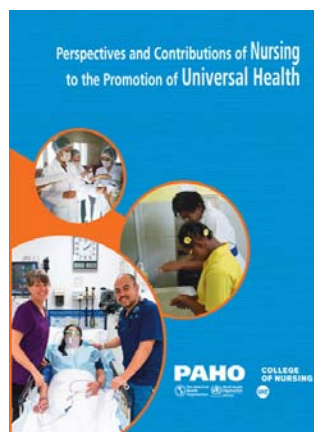
## FEATURED



### Contributions of Nursing and Midwifery Professionals to Women's Health. Reports from the Region of the Americas

2021  
 ISBN 9789275123638  
 87 pp., 8.5 x 11"  
 US\$ 35.00  
 Also available in Portuguese and Spanish

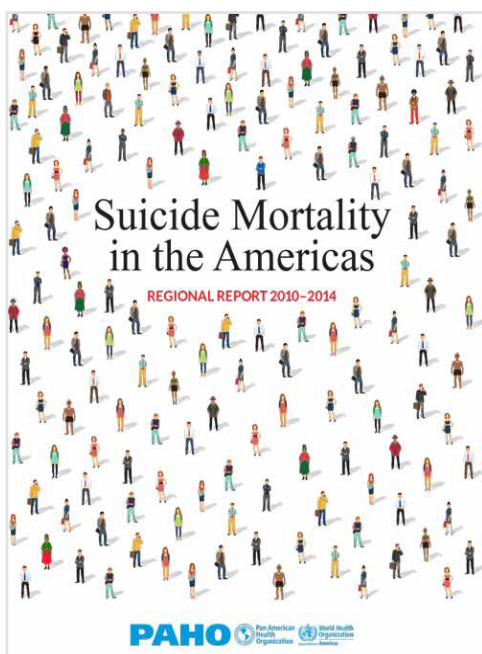
PAHO, in recognition of the fundamental role of nursing and midwifery professionals in health systems, has published this report to highlight the initiatives and contributions of these professionals with a focus on women's health. The related activities, stories, and cases illustrate the role of nursing and midwifery professionals in promoting universal access to health and universal health coverage, as well as their important contribution to health systems, universities, and schools in the countries of the Region.



### Perspectives and Contributions of Nursing to the Promotion of Universal Health

2020  
 ISBN 9789275122181  
 166 pp., 8.5 x 10"  
 US\$ 35.00  
 Also available in Spanish

To celebrate the International Year of the Nurse and the Midwife, this publication highlights more than 40 projects, activities, stories, and case studies received from the countries of the Region, illustrating the role of nurses and midwives in advancing toward universal health. It also details these essential health workers' rich contribution to health systems, universities, prisons, communities, governments, and schools in all the countries of the Americas. An epilogue includes a powerful story of two American nurses on the front lines of the COVID-19 pandemic. It is further proof of the vital role these health workers have in advancing health for all.



**Suicide Mortality in the Americas. Regional Report 2010–2014**

2021

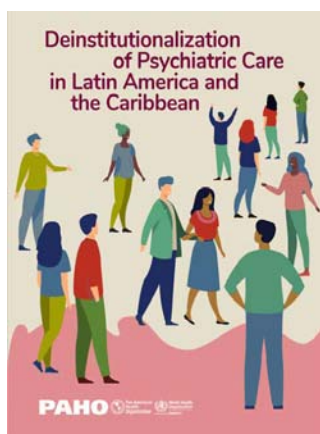
ISBN 9789275123294

78 pp., 8.5 x 11”

US\$ 35.00

Also available in Spanish

Suicide is a serious public health issue, and often one surrounded by stigma, myths, and taboos. With an annual average of 81,746 suicide deaths in the period 2010–2014 and an age-adjusted suicide rate of 9.3 per 100,000 population, suicide continues to be a public health problem in the Region. This report describes suicide mortality in the Americas by subregion and country. It analyzes the distribution of suicide by age, sex, and method, along with changes in suicide trends from 2010 to 2014.



**Deinstitutionalization of Psychiatric Care in Latin America and the Caribbean**

2021

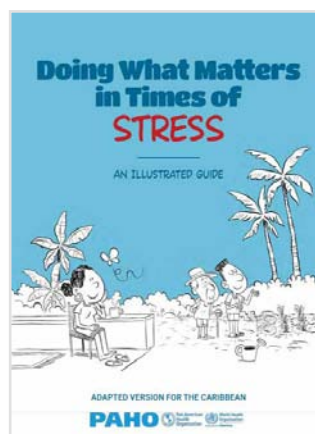
ISBN 9789275223017

54 pp., 8.5 x 11”

US\$ 35.00

Also available in Spanish

This framework for action aims to guide the psychiatric care deinstitutionalization process in the context of Latin America and the Caribbean. The publication summarizes the facilitators and barriers that will be encountered in the deinstitutionalization process and identifies useful and proven interventions in Latin American and Caribbean countries. Four areas of work are identified with the respective guidelines or suggestions for action, which should provide an operational guide for countries that are restructuring mental health services and moving toward the deinstitutionalization of psychiatric care.



**Doing What Matters in Times of Stress: An Illustrated Guide. Adapted Version for the Caribbean**

2021

ISBN 9789275123928

53 pp., 8.27 x 11.69”

US\$ 35.00

The Caribbean Development Bank and PAHO have developed this stress management guide to help people cope with adversity. The publication is an adaptation for the Caribbean of *Doing What Matters in Times of Stress: An Illustrated Guide*, a WHO publication to support implementation of its recommendations for stress management. This guide is for all who experience stress, ranging from parents and other caregivers to health professionals working in difficult situations. It provides information and practical skills to help cope with adversity.



## NONCOMMUNICABLE DISEASES AND MENTAL HEALTH



### Public Health Policies on Psychoactive Substance Use: A Manual for Health Planners

2021

ISBN 9789275123492

74 pp., 8.27 x 11.69"

US\$ 35.00

Also available in Spanish

This manual is based on policy analysis techniques and methods developed to facilitate the application of public health principles for defining responses to problems associated with psychoactive substance use. Its examples and exercises illustrate the phases of the planning process and can be used in workshops and training. It is intended for those formulating, implementing, and evaluating policies, plans, and programs aimed at reducing the consequences of psychoactive substance use on collective health – from government health agencies and other relevant sectors to civil society.



### Care for Mental Health Conditions in Jamaica: The Case for Investment. Evaluating the Return on Investment of Scaling Up Treatment for Depression, Anxiety, and Psychosis

2020

ISBN 9789275121184

26 pp., 8.5 x 10"

US\$ 15.00

Mental health conditions impose a high burden not only on individuals, families, and society, but also on economies. In Jamaica, mental health conditions are highly prevalent and major contributors to morbidity, disability, and premature mortality. This state-of-the-art study estimates the return on investment from scaling up treatment for anxiety, depression, and psychosis. The results show that Jamaica can significantly reduce the burden of mental health conditions by investing in recommended interventions.



### Sugar-sweetened Beverage Taxation in the Region of the Americas

2021

ISBN 9789275123003

64 pp., 8.5 x 11"

US\$ 35.00

Also available in Spanish

Sugar-sweetened beverage excise taxes are an effective evidence-based noncommunicable diseases (NCD) prevention policy. This publication provides economic concepts related to the economic rationale for using sugar-sweetened beverage taxes and the costs associated with obesity; key considerations on tax design, including tax types, bases, and rates; and responses to frequent questions about the economic impacts of sugar-sweetened beverage taxation.



### Recommended Nutrient Intakes and Population Nutrient Intake Goals for the Caribbean

2020

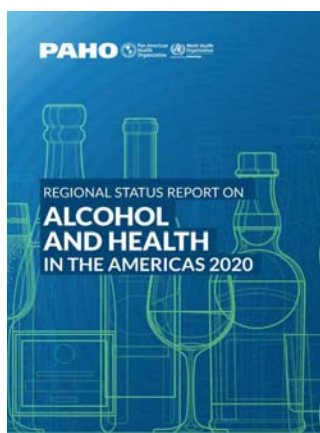
ISBN 9789275122402

68 pp., 8.5 x 11"

US\$ 35.00

This publication provides current scientific guidance on the intake of a range of nutrients and the nutrient recommendations for the Caribbean. It also includes the population nutrient intake goals meant to promote healthy dietary consumption patterns that satisfy the nutritional needs of the population while helping to reduce the risk of diet-related NCDs. These serve as a useful adjunct to the RNIs in providing food and nutrition guidance at the population level for macronutrients and food groups in healthy, well-nourished populations.

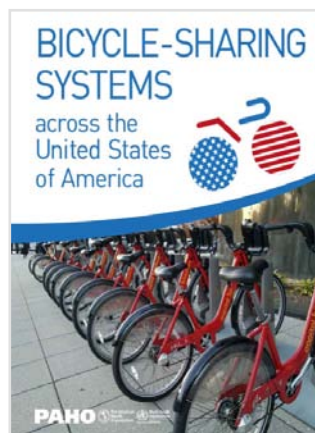




## Regional Status Report on Alcohol and Health in the Americas 2020

2020  
 ISBN 9789275122204  
 100 pp., 5 x 10"  
 US\$ 40.00

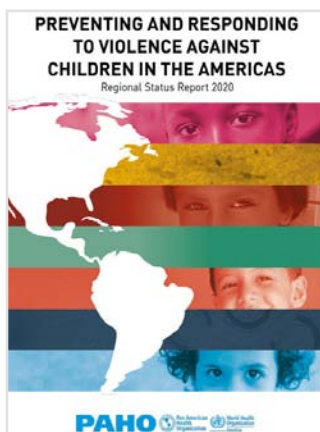
This third regional report dedicated to alcohol and health in the Americas provides an update on alcohol consumption in the Region, trends in consumption over time, alcohol-related harms, and current alcohol policies being implemented. The report discusses gaps and challenges in reducing the harmful use of alcohol, and how countries can reverse current trends in a cost-effective and expedited way.



## Bicycle-sharing Systems across the United States of America

2020  
 ISBN 9789275122143  
 90 pp., 8.5 x 10"  
 US\$ 30.00

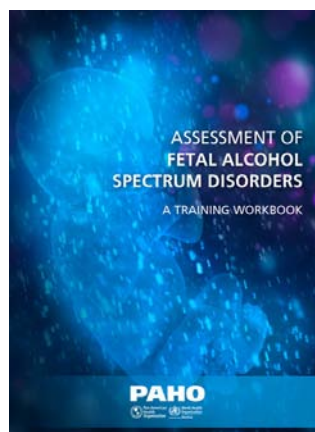
Bicycle-sharing programs have been delivering societal benefits of increased urban mobility, accessible recreation, and more sustainable transportation in more than 2,000 cities around the world. This booklet reports the status and anticipated growth of bike-sharing systems throughout the United States of America.



## Regional Status Report 2020: Preventing and Responding to Violence against Children in the Americas

2020  
 ISBN 9789275122938  
 108 pp., 8.27 x 11.69"  
 US\$ 40.00  
 Also available in Spanish

Violence against children is widespread in the Region of the Americas, and it takes many different, but equally unacceptable forms. This report is a major milestone for the Region because it is the first of its kind and comes at an unprecedented time, as the COVID-19 pandemic has created a new urgency for action on violence against children. It offers a baseline of efforts in the Region to prevent and respond to violence against all children everywhere.



## Assessment of Fetal Alcohol Spectrum Disorders: A Training Workbook

2020  
 ISBN 9789275122259  
 55 pp., 8.5 x 10"  
 US\$ 20.00

This training workbook provides information regarding the diagnostic process, the tools needed to perform the necessary assessments, and case-based learning modules to enhance learning and retention of critical elements for an FASD diagnosis. There are also components of the interventions provided to balance the training regarding diagnosis with an avenue to move forward that would be beneficial to patients.

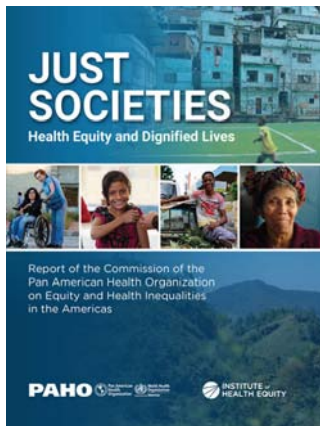
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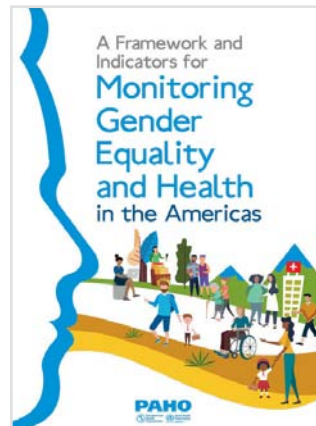


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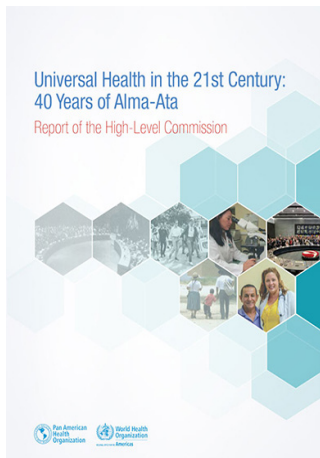
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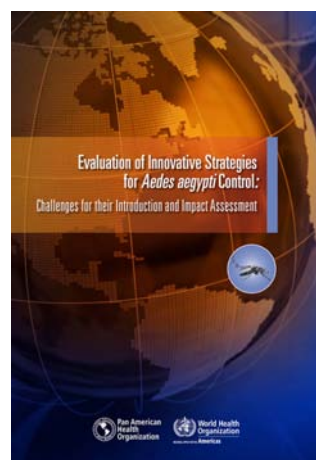
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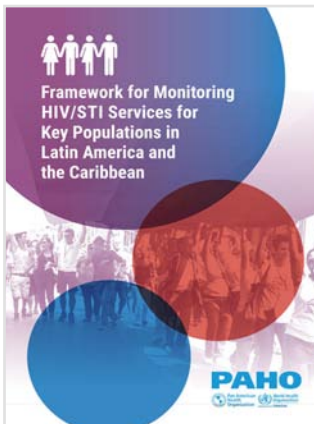
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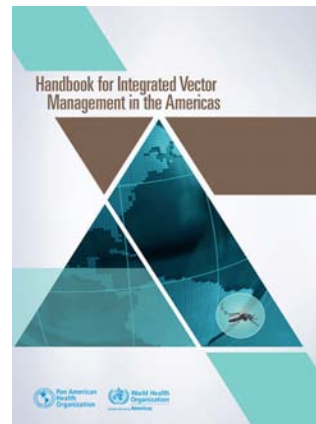


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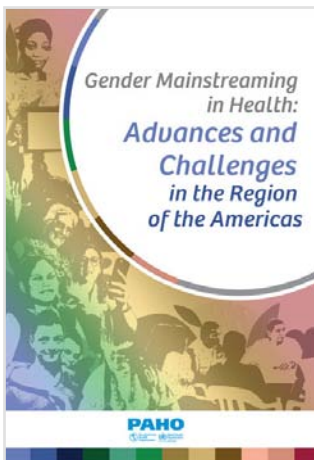
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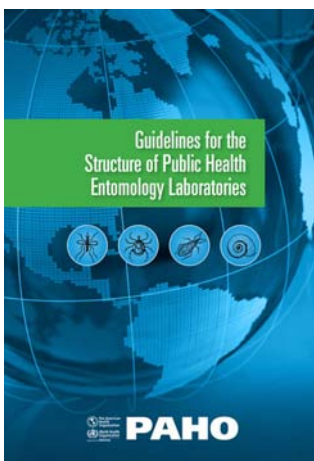
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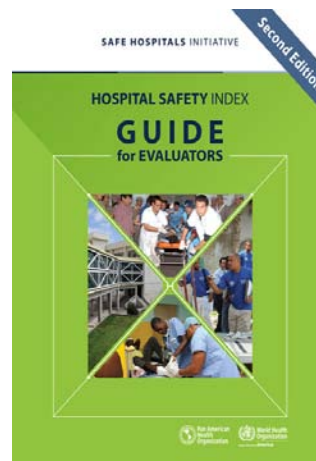
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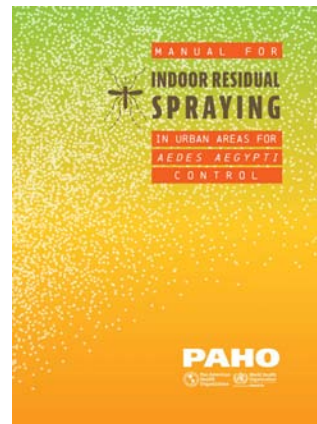


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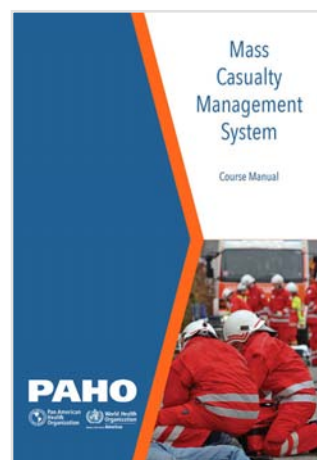
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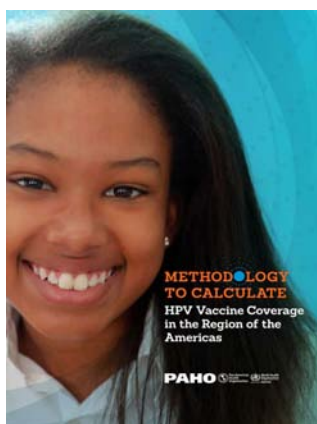
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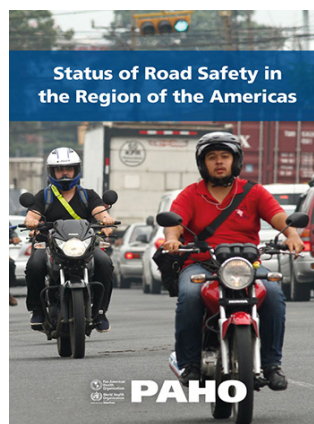


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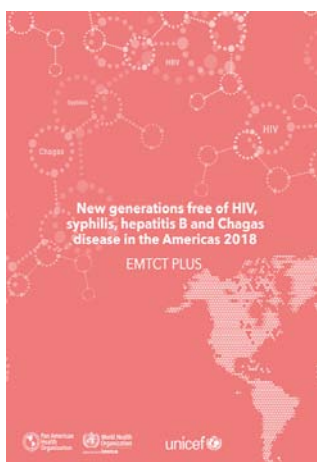
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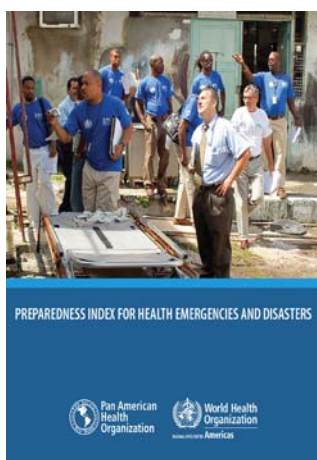
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