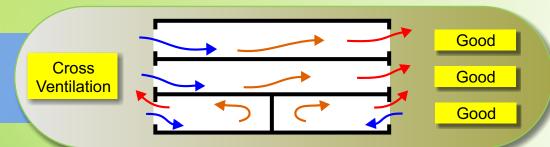
Save Energy: Ventilation and Cooling

Many Caribbean buildings are built in a way to allow good natural ventilation, because they were built at a time when no air condition units were available!

Open windows and doors for natural ventilation at least half an hour per day for health reasons!! Ensure that AC- Units are off!



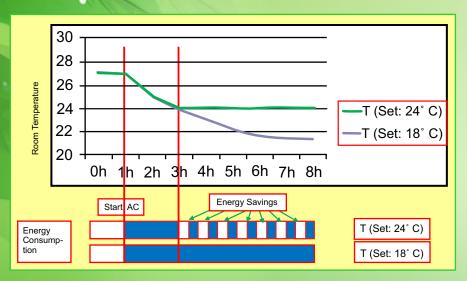
Think about / discuss with colleagues:

- "How can we get Cross-Ventilation?"
- "Can we agree on certain times when we shut off the AC's and cross- ventilate our office?"
- ALWAYS!!

In case you decide to use your AC please.....please!!

- Shut all windows! Shut all doors
- Use a proper set temperature! (25°C = 77°F)
- Switch off the AC when leaving the room (for lunch, meeting...)!
- Switch off the AC half an hour before end of work!

Be aware: The AC - Unit is NOT cooling faster with a lower "Set Temperature!!"



- Once the AC is switched on, the room will cool down at the same rate with different 'Set Temperatures'!
- Once the 'Set Temperature' is reached, the unit stops cooling and will restart only when the temperature has increased by a certain amount.
- 3. Using a very low 'Set Temperature' means that the cooling will probably never turn off due to poorly sealed rooms.







For more information:

http://www.hse.gov.uk/temperature/thermal/index.htm http://www.nrdc.org/documents.asp?topicid=12 https://www.energystar.gov/



