

# Pregnancy — should be — well-planned!

To learn how to prevent unplanned pregnancies, find/contact your local primary health care provider.

Birth control methods and information on how to use them are available at your local health care center.

Only abstinence or correct use of condoms can protect against sexual transmission of Zika. Take control of your pregnancy & your body.



#ZIKA #FIGHTAEDES #ZIKAVIRUS



Pan American  
Health  
Organization



World Health  
Organization  
REGIONAL OFFICE FOR THE  
Americas



United Nations Entity for Gender Equality  
and the Empowerment of Women

