

Cuba - Matanzas - Nursing Students (3rd Year Students Only) Global Health Professions Student Survey (GHPSS)

FACT SHEET

The Cuba - Matanzas nursing students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during nursing school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Cuba - Matanzas's comprehensive tobacco control program.

The Cuba - Matanzas nursing students GHPSS was a census of 3rd year nursing students attending the 1 nursing school in Cuba - Matanzas that was conducted in 2008. The school response rate was 100% and the student response rate was 98.0%. A total of 282 students participated in the Cuba - Matanzas nursing students GHPSS.

Prevalence

- 50.9% ever smoked cigarettes (Males = 46.9%, Females = 52.1%)
- 20.9% currently smoke cigarettes (Males = 25.0%, Females = 19.6%)
- 12.3% ever used any form of tobacco other than cigarettes (Males = 19.7%, Females = 10.2%)
- 7.4% currently use any form of tobacco other than cigarettes (Males = 9.4%, Females = 6.9%)
- 36.3% of ever smokers smoked on school premises/property during the past year.
- 33.0% of ever smokers smoked in school buildings during the past year.

Factors Influencing Tobacco Use

- 62.0% were exposed to second-hand smoke at home, during the past week.
- 70.1% were exposed to second-hand smoke in public places during the past week.
- 59.3% reported that their school had a ban on smoking in school buildings and clinics.
- 57.2% reported that their school enforced the ban on smoking in school buildings and clinics.
- 96.1% thought smoking should be banned in all enclosed public places.
- 93.6% thought tobacco sales to adolescents should be banned.
- 86.5% thought there should be a complete ban on advertising tobacco products.
- 62.2% of current smokers wanted to stop smoking.
- 54.5% of current smokers ever received help/advice to stop smoking cigarettes.
- 94.0% were taught about the dangers of smoking during nursing school training..

Role Model and Cessation Training

- 97.5% thought health professionals serve as role models for their patients.
- 100.0% thought health professionals have a role in giving advice about smoking cessation to patients.
- 36.9% received formal training in smoking cessation approaches during nursing school.
- 96.4% thought health professionals should get specific training on cessation techniques.

Highlights

One in 5 currently smokes cigarettes and 7.4% currently use other tobacco products.

Over 3 in 5 of the smokers indicated that they want to quit.

Seven in 10 were exposed to smoke in public places.

More than 9 in 10 support a ban on smoking in all enclosed public places.

Almost 2 in 5 received training to provide patients with cessation approaches.

Over 9 in 10 think health professionals should get specific training on cessation techniques to use with patients.