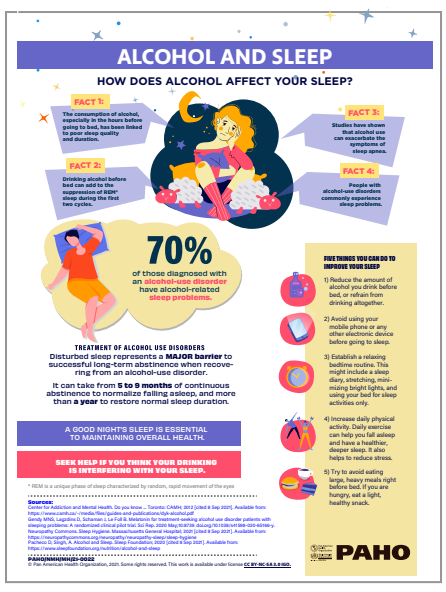
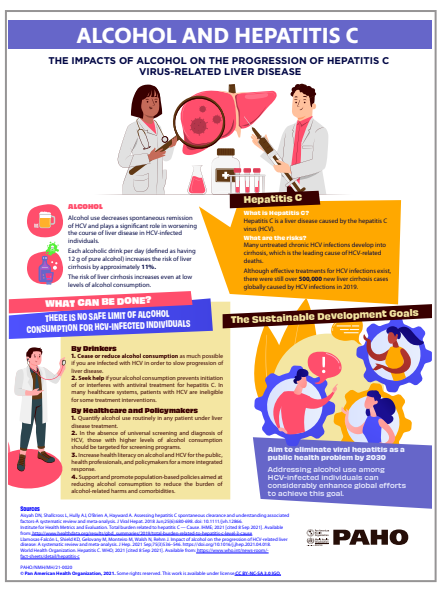
ALCOHOL AND HEALTH

FACT SHEETS SERIES 2021

The Alcohol and Health fact sheets series presents information on a variety of topics related to alcohol consumption and the impact on health. The fact sheets are aimed at the general public of the Region of the Americas to raise awareness about the harms related to alcohol consumption.



ALCOHOL AND SLEEP



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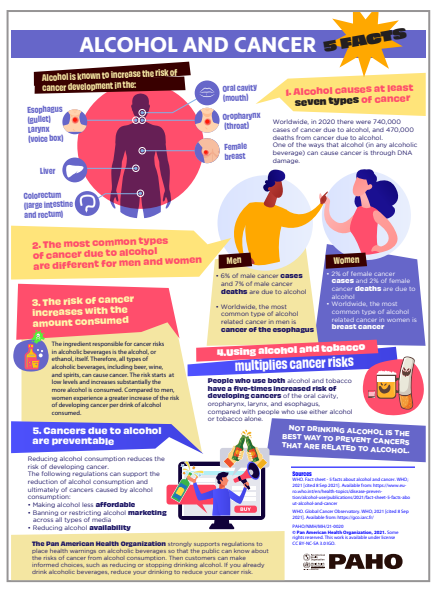

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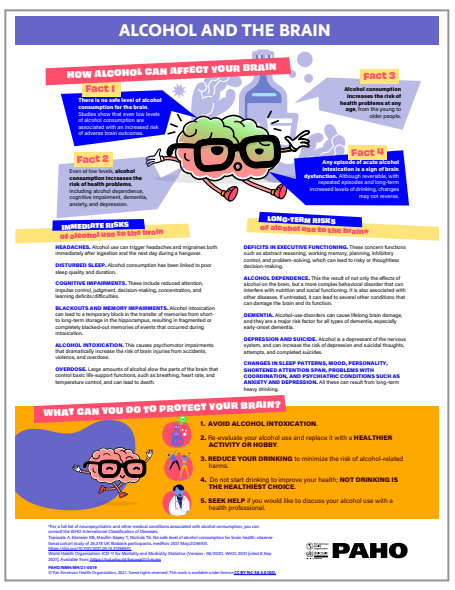
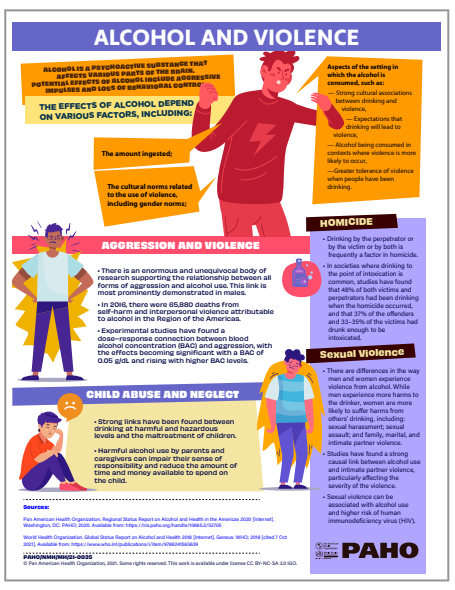
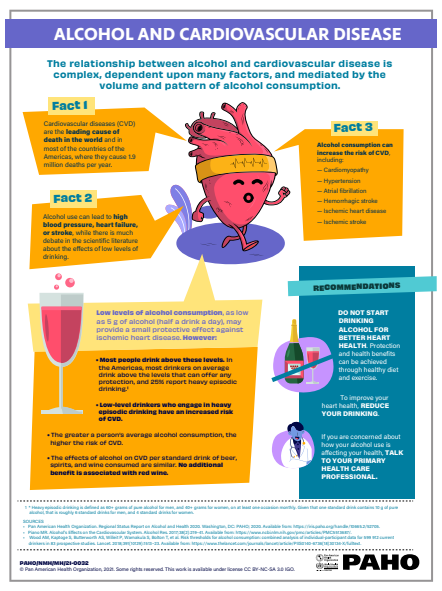


ALCOHOL AND THE BRAIN

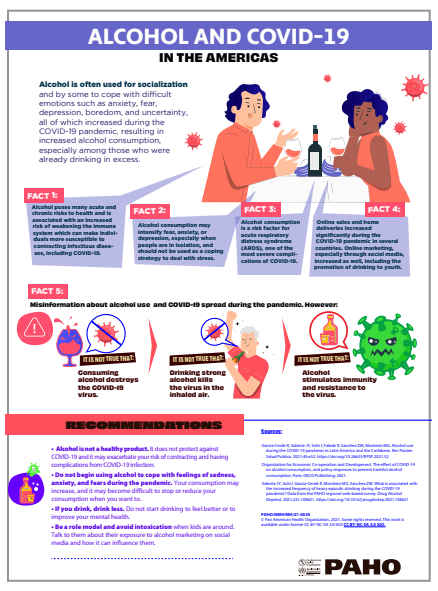
ALCOHOL AND SUICIDE



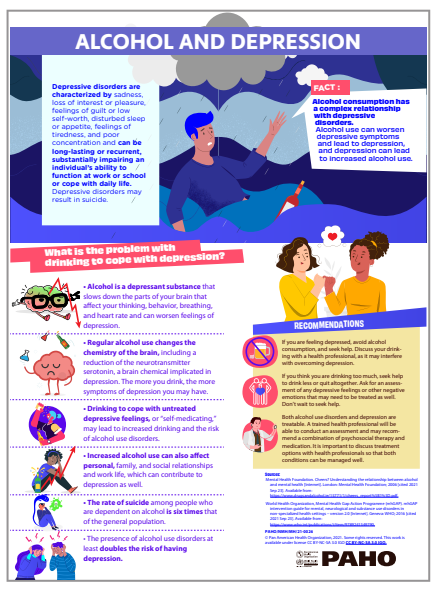
ALCOHOL AND VIOLENCE



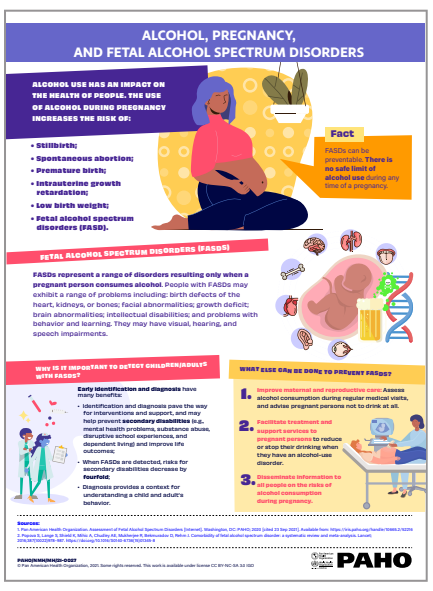
ALCOHOL AND CARDIOVASCULAR DISEASE



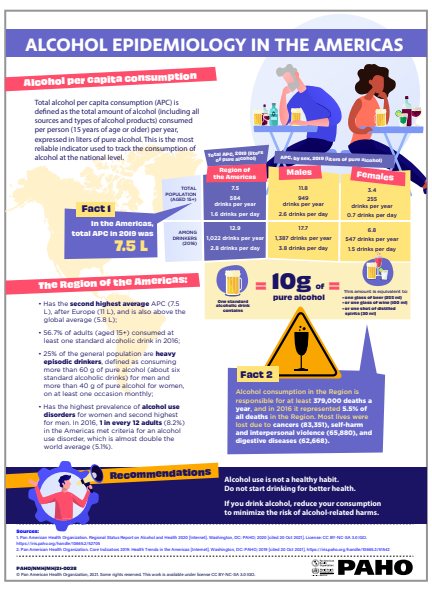
ALCOHOL AND COVID-19 IN THE AMERICAS



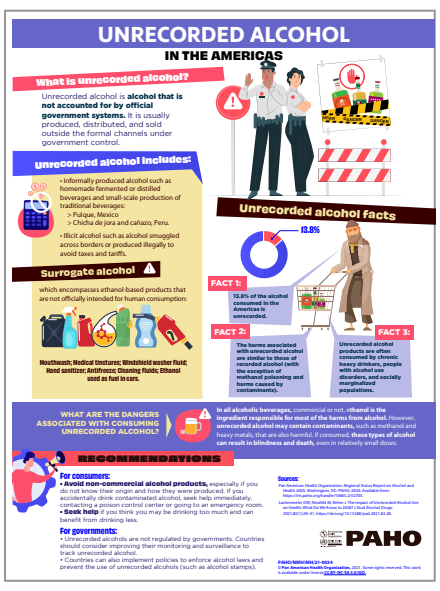
ALCOHOL AND DEPRESSION



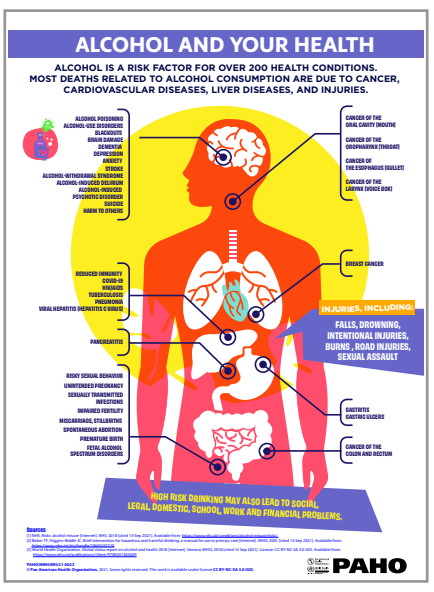
ALCOHOL, PREGNANCY, AND FETAL ALCOHOL SPECTRUM DISORDERS



ALCOHOL EPIDEMIOLOGY IN THE AMERICAS



UNRECORDED ALCOHOL



ALCOHOL AND YOUR HEALTH

To access the fact sheets series, visit:
https://www.Paho.Org/en/alcohol-and-health-fact-sheets-series

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