

VISITING FAMILY IN A LONG-TERM CARE FACILITY



Life has to continue even where COVID-19 is spreading.

Here's how to stay safe.



Visiting family members is important. Your support can play an important role in their mental and physical well-being.



HERE'S HOW TO PROTECT THEM AND YOURSELF

1 IF UNWELL

Cancel your visit if you feel unwell or have had contact with someone diagnosed with or suspected of having COVID-19. Talk to facility administrators if there are unusual circumstances, such as a gravely ill family member.



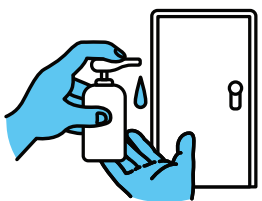
2 CHECK IN ADVANCE

Ask about the time and conditions of visits, such as required testing, mask and hygiene advice.



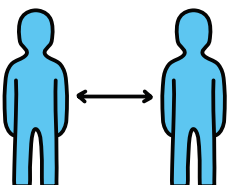
3 STAY SAFE DURING YOUR VISIT

Wear a mask.



Use sanitizer at the building and room entrance.

Keep at least 1 metre from others.



4 EXPLAIN

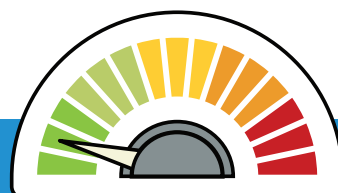


Help your family members understand any **changes or procedures**, such as vaccinations for influenza and COVID-19, or why wearing a mask or isolation may be needed.

5 STAY IN TOUCH



Continue to keep in touch by phone or video calls, especially if your visit is postponed.



REMEMBER, IT'S ALWAYS SAFER TO

KNOW YOUR RISK.
LOWER YOUR RISK.



World Health Organization