

# PREVENTING COVID-19

If you experienced respiratory symptoms or have traveled to areas where COVID-19 is circulating, consider the following information:

## DURING THE TRIP

### INFORM

to the crew if you experience fever, cough or difficulty breathing



## ARRIVING



### NOTIFY THE MEDICAL OR HOMELAND SECURITY STAFF

if you experience respiratory symptoms or if you have traveled to a country with COVID-19 cases



## AFTER THE TRIP

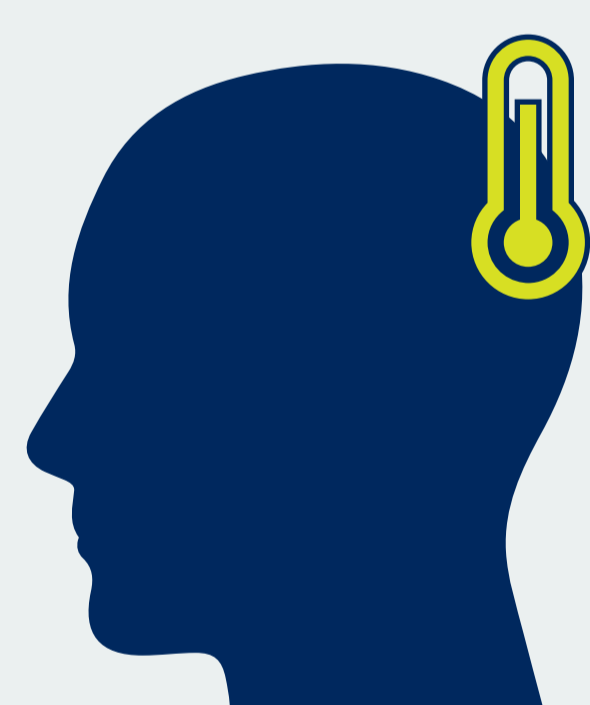
### IF YOU OR ANY FAMILY MEMBERS

experience symptoms after 14 days of the trip, seek medical attention immediately

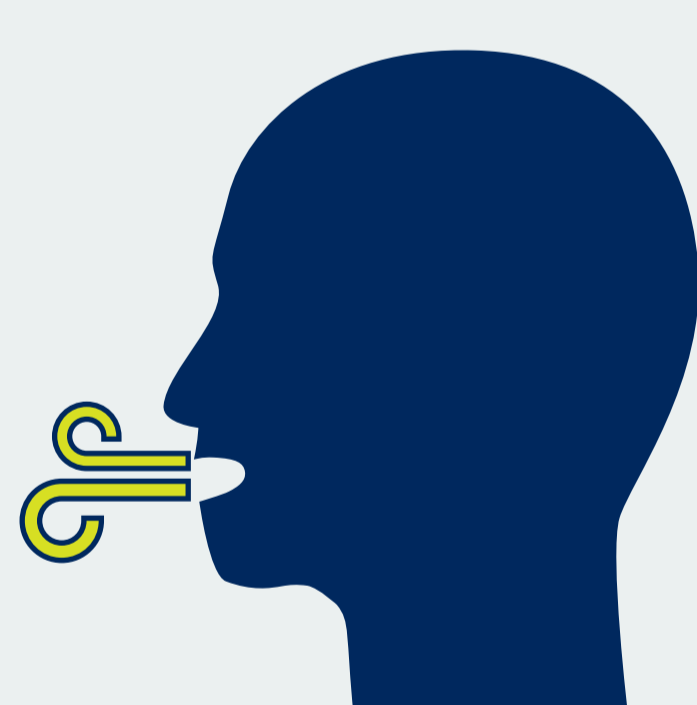
#### SYMPTOMS



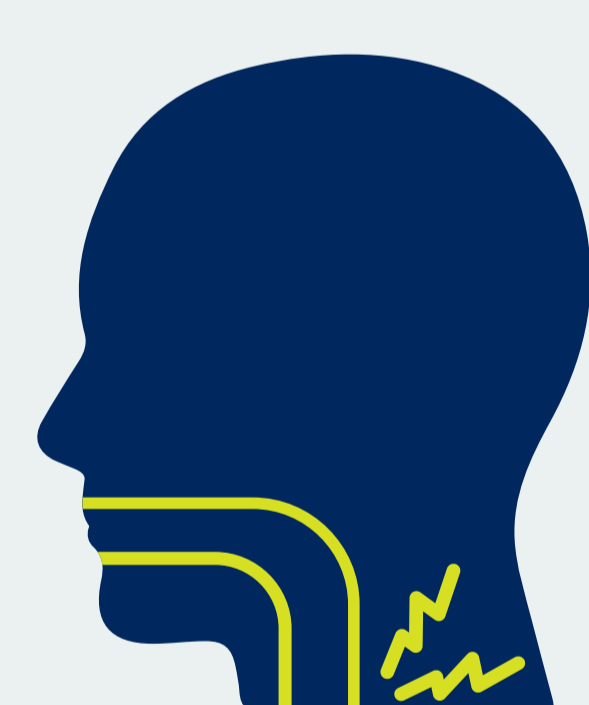
COUGH



FEVER



DIFFICULT BREATHING



SORE THROAT



RUNNY NOSE

## PREVENTIVE MEASURES



WASH YOUR HANDS REGULARLY



USE A DISPOSABLE TISSUE



USE THE INSIDE OF YOUR ELBOW WHEN YOU COUGH



AVOID SHARING CUPS, PLATES OR OTHER PERSONAL ITEMS

SHARE THIS INFORMATION WITH YOUR FAMILY MEMBERS!



Ministerio del Poder Popular para la Salud



Organización Panamericana de la Salud



Organización Mundial de la Salud

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