

# COVID-19 Situation Update - 62

# PAHO



Pan American  
Health  
Organization



World Health  
Organization  
REGIONAL OFFICE FOR THE  
Americas



Office for Barbados and Eastern Caribbean Countries

22 July 2020

This situation update is on the Novel Coronavirus (COVID-19) reported cases and deaths, Globally, Regionally, for Barbados and Eastern Caribbean Countries, French Territories, and the United Kingdom Overseas Territories.

## Three out of 10 people in the Americas are at increased risk of severe COVID-19 because of underlying conditions, PAHO Director says

*Diabetes, kidney disease, hypertension, immunosuppressed and TB, place people at increased risk for more severe disease. Many of these conditions are widespread in the Americas.*

In the Americas, three out of ten people – or nearly 325 million – are at increased risk of developing severe COVID-19 illness due to underlying health conditions, Pan American Health Organization Director (PAHO) Carissa F. Etienne said.

Certain underlying, chronic conditions like diabetes, kidney disease and hypertension, as well as infectious diseases, such as tuberculosis, or immunosuppression, place people at increased risk for more severe COVID-19 disease.

“Unfortunately, many of these medical conditions are widespread in the Americas, which leaves our region more vulnerable to severe illness,” Etienne told a media briefing.

[Read more...](#)

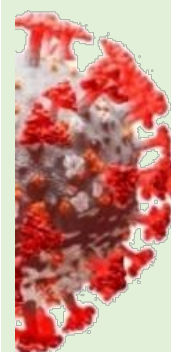
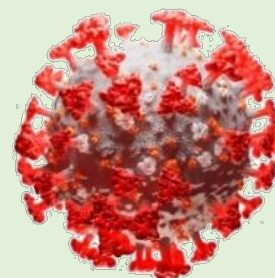
## COVID-19 case update:

COUNTRY	COVID-19 CASE UPDATE
Anguilla	no new cases for <b>109 days</b>
Antigua and Barbuda	last case on <b>16 July 2020</b>
Barbados	last case on <b>15 July 2020</b>
British Virgin Islands (UK)	no new cases for <b>69 days</b>
Dominica	no new cases for <b>52 days</b>
Grenada	no new cases for <b>58 days</b>
Montserrat	no new cases for <b>12 days</b>
Saint Kitts and Nevis	last case on <b>10 July 2020</b>
Saint Lucia	last case on <b>14 July 2020</b>
Saint Vincent & Grenadines	no new case for <b>3 days</b>

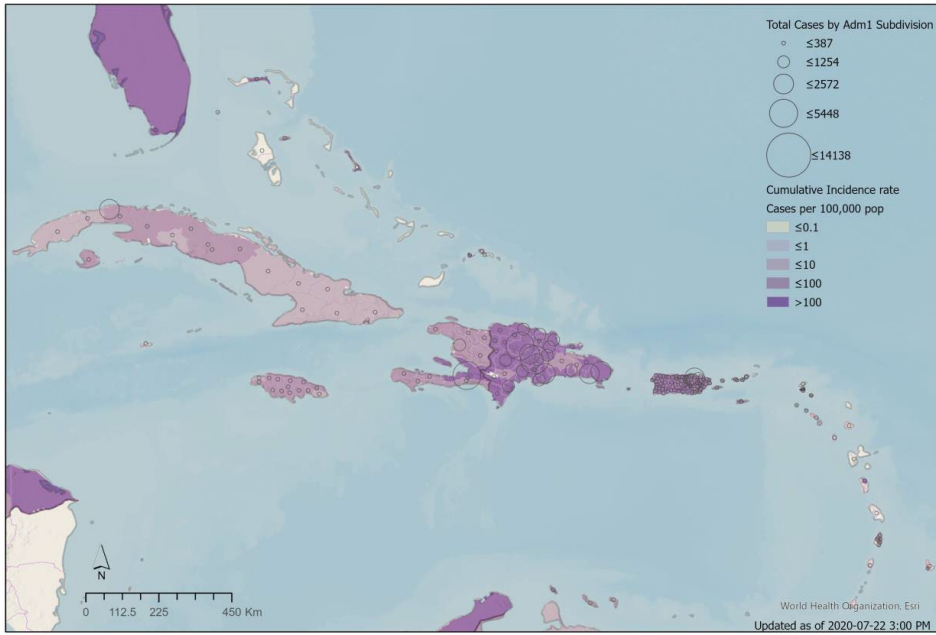
**BE AWARE.**

**PREPARE.**

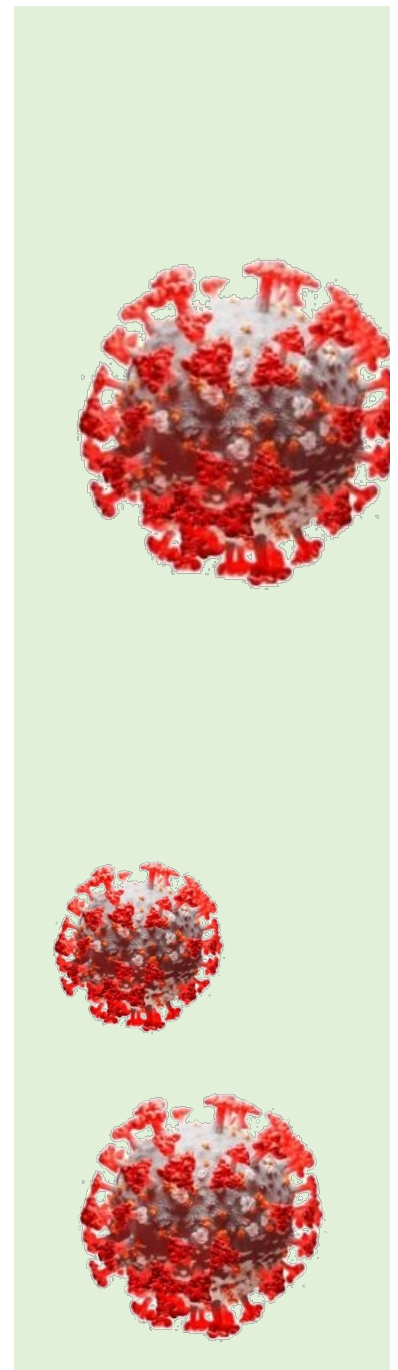
**ACT.**



**Reported number of cumulative COVID-19 cases in the Caribbean sub-region and corresponding incidence rate (per 100,000 persons) by country/territory (sub-national level). As of 22 July 2020.**



© Pan American Health Organization-World Health Organization 2020. All rights reserved.  
The designations employed and the presentation of the material in these maps do not imply the expression of any opinion whatsoever on the part of the Secretariat of the Pan American Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.



## Updates

Global	PAHO - Region of the Americas
<b>14,902,642</b> confirmed cases,	<b>7,948,513</b> confirmed cases,
<b>616,207</b> deaths <i>in</i>	<b>317,962</b> deaths <i>in</i>
<b>216</b> countries, areas, or territories	<b>54</b> countries, areas, or territories

## Barbados and Eastern Caribbean Countries, French Territories and United Kingdom Overseas Territories






Country	Confirmed Cases	Deaths	No of Tests	Transmission Type	Status of Schools	Travel Restrictions	Masks Mandatory	State of Emergency (Curfew ends)	COVID-19 Web Address and Hotline
Anguilla	3	0	421	No cases	Schools open	Yes	No	No	<a href="https://beatcovid19.ai/">https://beatcovid19.ai/</a> (264) 476-7627
Antigua & Barbuda	76	3	966	Clusters of cases	-	Yes		Yes	<a href="https://ab.gov.ag/detail_page.php?page=42">https://ab.gov.ag/detail_page.php?page=42</a> (268) 462-6843
Barbados	106	7	9,884	Clusters of cases	Varied stages of reopening	Yes	Yes	No	<a href="https://gisbarbados.gov.bb/covid-19/">https://gisbarbados.gov.bb/covid-19/</a> (246) 536-4500
British Virgin Islands	8	1	784	Sporadic cases only	Partial opening	Yes	Yes	Yes	<a href="https://bvi.gov.vg/covid-19">https://bvi.gov.vg/covid-19</a> (284) 852-7650
Dominica	18	0	1005	Clusters cases only	Schools closed	Yes	Specific settings only	No	<a href="http://dominica.gov.dm/corona">http://dominica.gov.dm/corona</a> (767) 448-2151
French Guiana	6,883	34	-	Community transmission	-	Yes	-	-	
Grenada	23	0	961	Clusters of case	Partial reopening of schools	Lifted	Yes	Yes	<a href="https://covid19.gov.gd/">https://covid19.gov.gd/</a> (473) 458-4787 / (473) 538-4787
Guadeloupe	195	14	-	Clusters of cases	-	Yes	-	-	<a href="https://www.guadeloupe.ars.sante.fr/">https://www.guadeloupe.ars.sante.fr/</a>
Martinique	262	15	-	Clusters of cases	-	Yes	-	-	<a href="https://www.martinique.ars.sante.fr/">https://www.martinique.ars.sante.fr/</a>
Montserrat	12	1	130	No cases	Partial reopening of schools	Yes	No	No	<a href="http://www.gov.ms/latest-on-the-coronavirus/">http://www.gov.ms/latest-on-the-coronavirus/</a>
Saint Barthélemy	6	0	-	Sporadic cases only	-	-	-	-	
Saint Lucia	23	0	2,412	Sporadic cases only	-	Yes	Specific settings only	Yes	<a href="https://www.covid19response.lc/">https://www.covid19response.lc/</a>
Saint Martin	46	3		Sporadic cases only	-		-	-	<a href="https://www.stmartinweek.fr/">https://www.stmartinweek.fr/</a>
St Kitts & Nevis	17	0	725	No cases	Schools closed	Yes	Yes	Yes (27 July 2020)	<a href="https://www.covid19.gov.kn/">https://www.covid19.gov.kn/</a>
St Vincent & the Grenadines	50	0	1,268	Sporadic cases only	Partial reopening of schools	No	Specific settings only	No	<a href="http://health.gov.vc/health/index.php/c">http://health.gov.vc/health/index.php/c</a> (784) 534-4325
<b>Total</b>	<b>7,728</b>	<b>78</b>	<b>18,556</b>						

Table 1: COVID-19 status in Barbados and Eastern Caribbean Countries, French Territories and United Kingdom Overseas Territories. 'Sporadic cases only' indicates countries/territories/areas with one or more cases, imported or locally detected. 'Clusters of cases' indicates countries/territories/areas experiencing cases clustered in time, geographic location and/or by common exposures.





Data in red new.

Disclaimer: Data is updated by 5:00PM each day and there could be delays in reporting. Any discrepancies from national data figures will be edited on the next issue.


## TRAVEL REQUIREMENTS FOR BARBADOS AND THE EASTERN CARIBBEAN COUNTRIES

Country / Territory	Entry Requirement / Testing / Prior Up on Arrival	Entry Requirements / Quarantine Days	Entry Requirement / Fee For Testing / Quarantine
 <b>ANGUILLA</b> (borders open only for returning nationals/residents, and crew of aircraft and ship)	<ul style="list-style-type: none"> <li>Pre-travel registration and health assessment</li> <li>Ports closed to regional and international traffic until 30 July 2020</li> </ul>	Mandatory 14-day quarantine	Release from quarantine conditional to a negative test for COVID-19
 <b>ANTIGUA &amp; BARBUDA</b>	<ul style="list-style-type: none"> <li>Face mask on disembarkation</li> <li>Negative RT-PCR test within 7 days of travel</li> <li>Health declaration form</li> <li>Health and temperature screening upon arrival</li> </ul>	Quarantine up to 14 days at home, hotel, or a government facility	No cost for testing upon arrival and no cost for quarantine at Government facilities
 <b>BARBADOS</b>	<ul style="list-style-type: none"> <li>Face mask while at the airport</li> <li>Negative RT-PCR test prior to arrival</li> <li>Health screening upon arrival</li> <li>Entry denial if no evidence of a negative RT-PCR upon arrival and refusal to be tested</li> </ul>	<ul style="list-style-type: none"> <li>Quarantine for contacts of a positive case</li> <li>Citizens, permanent residents, and those with a permanent status will also be quarantined if no evidence of a negative RT-PCR result and refusal to be tested.</li> </ul>	<ul style="list-style-type: none"> <li>Testing upon arrival if no evidence of a negative RT-PCR test.</li> <li>No cost for testing and for accommodation while waiting for the results unless the test is done at a hotel (US\$150)</li> <li>Second test after 7 days for passengers from high risk areas (USA, Brazil, other parts of Latin America, and Eastern Europe)</li> </ul>
 <b>BRITISH VIRGIN ISLANDS</b>	<ul style="list-style-type: none"> <li>Pre-Travel online application form</li> <li>Inspection of residences to ascertain suitability for home quarantine</li> <li>Mandatory wearing of mask at airport</li> <li>Health Screening on arrival</li> </ul>	Mandatory 14-day quarantine	Release from quarantine conditional on a negative COVID-19 test
 <b>DOMINICA</b>	<ul style="list-style-type: none"> <li>Pre-arrival online health questionnaire</li> <li>Paper-based form/kiosk system at arrival if unable to complete the online form</li> <li>Negative RT-PCR result take within 24-72 hours upon arrival</li> <li>Health and temperature screening upon arrival</li> </ul>	<ul style="list-style-type: none"> <li>Quarantine for 24- 48 for travelers without a PCR test result done within 24 - 72 hrs. while awaiting PCR test result</li> <li>IGM positive test or clinical symptoms Quarantine for 24- 48 hrs. while awaiting PCR test result.</li> </ul>	<ul style="list-style-type: none"> <li>Rapid testing is done on all PCR Negative Result Free of cost upon arrival</li> <li>IF igM positive or travelers present with symptom a PCR test will be done.</li> <li>Screening by RT-PCR if no PCR test present done within 24-72 hrs.</li> </ul>

## TRAVEL REQUIREMENTS FOR BARBADOS AND THE EASTERN CARIBBEAN COUNTRIES

Country / Territory	Entry Requirement / Testing / Prior Up on Arrival	Entry Requirements / Quarantine Days	Entry Requirement / Fee For Testing / Quarantine
			If Traveler present with fever or positive IgM test a PCR test will be done
 <b>GRENADA</b>	<ul style="list-style-type: none"> <li>• Certified copy of a negative COVID-19 PCR Test within 7 days – if travel from a medium or a high-risk country</li> <li>• Pre-travel Health Declaration Form</li> <li>• Travel insurance for non-nationals or agreement to cover the cost for treatment and isolation</li> <li>• Pre-travel downloading of the contact tracing app</li> <li>• Face mask or face covering is required</li> </ul>	<ul style="list-style-type: none"> <li>• For travelers from low and medium risk countries 14-day quarantine at a state approved quarantine facility if positive PCR test</li> <li>• For travelers from high risk countries those testing negative on PCR 14-day quarantine at a state approved quarantine facility. For those testing positive they are quarantined for 14-days at a state facility.</li> <li>• Release from quarantine after 2 negative PCR test results within 48 hours</li> </ul>	<ul style="list-style-type: none"> <li>• PCR test is required if the traveler from a low or medium risk country tests positive on the rapid test on arrival. Results expected within 24h to 48h.</li> <li>• All persons travelling from high risk countries will be tested via PCR on arrival.</li> <li>• First Mandatory rapid and/or PCR test is free.</li> <li>• Additional rapid test is USD 30</li> <li>• Additional PCR test is USD 150.</li> <li>• State Quarantine USD 50/night (does not include meals)</li> </ul>
 <b>MONTSERRAT</b> (borders open only for returning nationals/residents, and crew of aircraft and ship)	<ul style="list-style-type: none"> <li>• Pre-travel online “Access Declaration Form” within 3 days of travel</li> <li>• Mandatory mask wearing at the airport</li> <li>• Health screening including travel history and address / place of residence in the past 14 days</li> </ul>	Quarantine for 14 days for all returning nationals / residents and for the crew members	Testing is not mentioned in the protocol
 <b>SAINT KITTS &amp; NEVIS</b> (borders open only for returning nationals / residents)	<ul style="list-style-type: none"> <li>• Face Mask on disembarkation</li> <li>• Health Declaration Form to be filled out</li> <li>• Health and temperature screening</li> <li>• PCR test on arrival</li> <li>• Compulsory filling out of the section on the immigration form on travel history</li> </ul>	<ul style="list-style-type: none"> <li>• 14-day quarantine in a Government facility</li> <li>• PCR test conducted at least 48-72 hours prior to leaving quarantine</li> <li>• Immediate Isolation of a positive PCR test</li> </ul>	<ul style="list-style-type: none"> <li>• US\$100.00 for the PCR test</li> <li>• US\$500.00 for the 14 day stay in the Government facility (Not inclusive of meals)</li> <li>• Testing result is required on exiting the country and the test must be done within 7 days of departure</li> </ul>
 <b>SAINT LUCIA</b>	<ul style="list-style-type: none"> <li>• Pre-arrival online registration</li> <li>• Negative RT-PCR test within 7 days of travel except if travel from the Travel Bubble including OECS, Barbados, Jamaica, Guyana, Bahamas, Turks and Caicos,</li> </ul>	<ul style="list-style-type: none"> <li>• Pre-arrival online registration</li> <li>• Negative RT-PCR test within 7 days of travel except if travel from the Travel Bubble including OECS, Barbados, Jamaica, Guyana, Bahamas, Turks and</li> </ul>	Testing upon arrival at the traveler’s cost if no evidence of a negative RT-PCR test result

## TRAVEL REQUIREMENTS FOR BARBADOS AND THE EASTERN CARIBBEAN COUNTRIES

Country / Territory	Entry Requirement / Testing / Prior Up on Arrival	Entry Requirements / Quarantine Days	Entry Requirement / Fee For Testing / Quarantine
	Curacao, UKOTs and French Departments in the Americas <ul style="list-style-type: none"> <li>Health and temperature screening</li> </ul>	Caicos, Curacao, UKOTs and French Departments in the Americas <ul style="list-style-type: none"> <li>Health and temperature screening</li> </ul>	
 <p><b>SAINT VINCENT &amp; THE GRENADINES</b></p> <p><small>*Information extracted from COVID-19 Protocols for Entry of Travelers to St. Vincent and the Grenadines dated 19/7/2020.</small></p>	<ul style="list-style-type: none"> <li>Pre-travel online application form can be completed ahead of time OR via hard copy on arrival</li> <li>For the period 1-31 July (Phase 1)-PCR test results will be accepted from a reputable facility within 5 days of arrival into country (Passengers from the USA excluded)</li> <li>If PCR test completed upon arrival, a mandatory quarantine period of 24 hours is required</li> </ul> <p><b>For Travelers from the United States:</b></p> <ul style="list-style-type: none"> <li>Must arrive with a negative COVID-19 result</li> <li>Proof of Reservation for 5 nights in a Tourism Authority/Ministry of Health approved hotel for 5 nights and will be quarantined for 5 days</li> <li>Traveler will be tested after 5 days, and if negative be released from quarantine and will continue to quarantine in an approved home/facility for 9-16 days</li> <li>If positive, procedures for isolation will apply</li> <li>Other conditions apply from 1 August (Phase 2) with special considerations for certain countries within CARICOM</li> </ul>	<ul style="list-style-type: none"> <li>No quarantine for persons with documented negative test result upon arrival but self-monitoring of temperature and disease symptoms encouraged</li> </ul>	Testing by rapid test and RT-PCR if no evidence of a negative test result at arrival

*Disclaimer: \*The above travel requirements are compiled based on available press releases, social media postings and government officials' statements. For up to date information please contact respective governments official websites.*

# PAHO's Response

---

## Psychological First Aid and Self-care Training well received



Several community and hotline workers are better positioned to offer mental health support to those in the community in need of help.

More than 1,000 benefitted from the training programme **COVID-19: Principles of Psychological First Aid and Self-Care**, a series of webinars on Psychological First Aid (PFA).

PAHO/WHO, UNICEF and OECS recognized the role that community leaders, social workers, teachers and faith-based leaders play in society. They were seen as ideal to assist the community deal with the resultant mental strain brought on due to COVID-19, and the training was developed to meet the need.

Four webinars were organized, with the help of Dr. Amrie Morris-Patterson, Consultant Psychiatrist and provided in Barbados and the ECC. The webinars provided basic emotional and practical support needed to assist affected persons and help them deal with the rapidly changing environment.

It was recognized that trusted and respected community leaders were working as frontline providers of psychosocial support in their communities. Therefore, the training was designed to:

- Strengthen their understanding of COVID-19 and the impacts on mental health
- Form community networks and become familiar with referral pathways for persons where an increased level of support is needed.

Training was well received and feedback quite encouraging, as seen by the below comments:

*‘The session was very informative and enlightening. It helped me to become more aware of the different issues most persons are facing during a crisis or personal underlying conditions in their home, school, church or community.’ (Ailda Rolle)*

*“Words of appreciation and gratitude to you and the team who facilitated such a timely meeting. Looking forward to the next one. Ready and willing to give our support to you.” (Sharon-Rose Gittens, President of the Barbados Association of Professional Social Workers)*