

# HIV PREVENTION

IF YOU ARE  
**HIV-**



GET  
TESTED  
FOR HIV

IF YOU ARE  
**HIV+**

## USE CONDOMS AND LUBRICANTS



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## GET TESTED FOR STIs



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## PREP



Daily use of pre-exposure prophylaxis (PrEP) by a person who does not have HIV prevents infection before engaging in high-risk sex.

## ANTIRETROVIRALS TREATMENT



A person living with HIV who correctly takes medication does not transmit the virus to others.

## PEP



Post-exposure prophylaxis (PEP) is used in emergency situations to prevent HIV infection if taken up to 72 hours after engaging in high risk consensual sex or other potential exposure.

## ANTIRETROVIRALS TREATMENT



Remaining in treatment is key for a health and long life, and for not transmitting HIV to others.



Governments should make sure everyone has access to all HIV prevention and treatment services recommended by WHO, free of **stigma** and **discrimination**.