

Uruguay

Total population: 3 432 000

Income group: High

Mortality

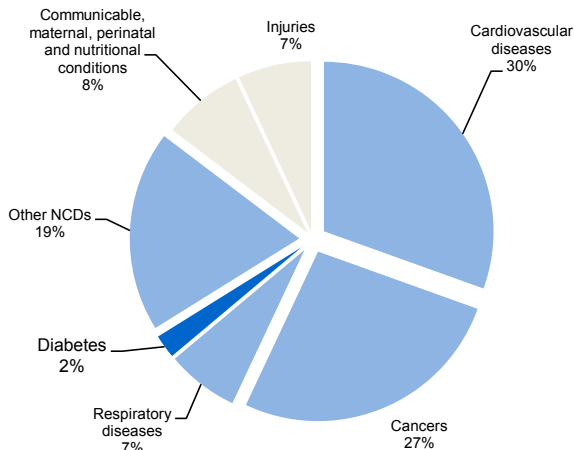
Number of diabetes deaths

	males	females
ages 30–69	110	<100
ages 70+	190	290

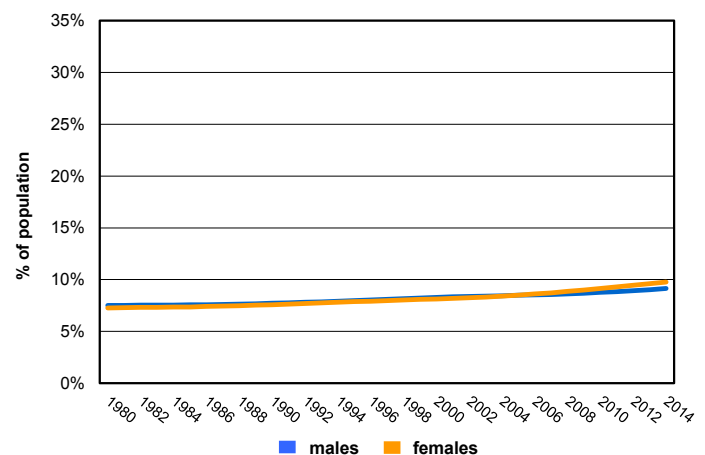
Number of deaths attributable to high blood glucose

	males	females
ages 30–69	270	150
ages 70+	550	650

Proportional mortality (% of total deaths, all ages)



Trends in age-standardized prevalence of diabetes



Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	10.1%	11.9%	11.1%
Overweight	63.3%	63.2%	63.2%
Obesity	22.9%	31.9%	27.6%
Physical inactivity	27.4%	40.3%	34.2%

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	No
Operational policy/strategy/action plan to reduce overweight and obesity	No
Operational policy/strategy/action plan to reduce physical inactivity	No
Evidence-based national diabetes guidelines/protocols/standards	Not available
Standard criteria for referral of patients from primary care to higher level of care	Available but not implemented
Diabetes registry	No
Recent national risk factor survey in which blood glucose was measured	Yes

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	●
Metformin	●
Sulphonylurea	●

Procedures

Retinal photocoagulation	●
Renal replacement therapy by dialysis	●
Renal replacement therapy by transplantation	●

Basic technologies in primary care facilities

Blood glucose measurement	●
Oral glucose tolerance test	●
HbA1c test	●
Dilated fundus examination	DK
Foot vibration perception by tuning fork	DK
Foot vascular status by Doppler	DK
Urine strips for glucose and ketone measurement	●

DK = country responded "don't know"

○ = not generally available ● = generally available