

Nicaragua

Total population: 6 082 000
Income group: Lower middle

Mortality*

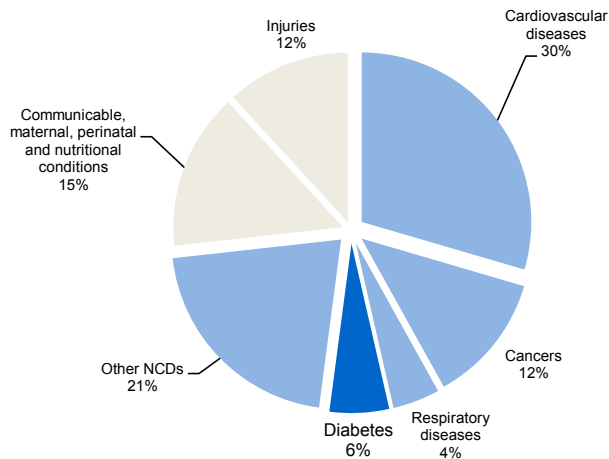
Number of diabetes deaths

	males	females
ages 30–69	420	460
ages 70+	280	450

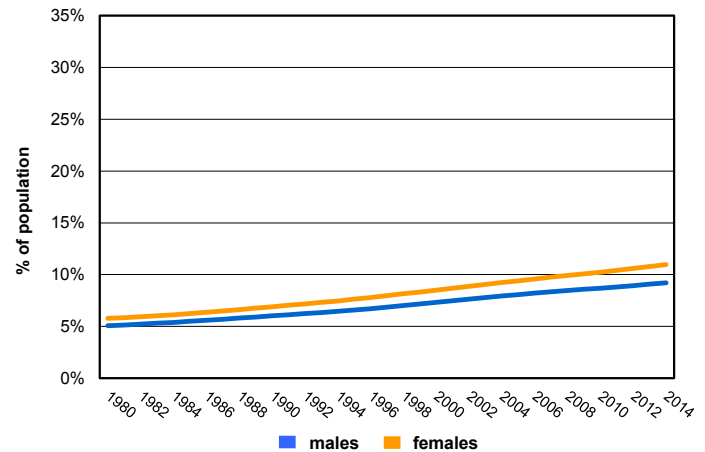
Number of deaths attributable to high blood glucose

	males	females
ages 30–69	730	740
ages 70+	470	880

Proportional mortality (% of total deaths, all ages)*



Trends in age-standardized prevalence of diabetes



Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	7.2%	9.0%	8.1%
Overweight	40.7%	51.3%	46.1%
Obesity	9.7%	21.1%	15.5%
Physical inactivity

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	No
Operational policy/strategy/action plan to reduce overweight and obesity	No
Operational policy/strategy/action plan to reduce physical inactivity	No
Evidence-based national diabetes guidelines/protocols/standards	Available and fully implemented
Standard criteria for referral of patients from primary care to higher level of care	Available and fully implemented
Diabetes registry	Yes
Recent national risk factor survey in which blood glucose was measured	No

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	●
Metformin	●
Sulphonylurea	DK

Procedures

Retinal photocoagulation	●
Renal replacement therapy by dialysis	●
Renal replacement therapy by transplantation	○

Basic technologies in primary care facilities

Blood glucose measurement	●
Oral glucose tolerance test	●
HbA1c test	○
Dilated fundus examination	○
Foot vibration perception by tuning fork	○
Foot vascular status by Doppler	○
Urine strips for glucose and ketone measurement	●

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).
DK = country responded "don't know"

○ = not generally available ● = generally available

... = no data available