

Cuba - Matanzas - Dental Students (3rd Year Students Only) Global Health Professions Student Survey (GHPSS)

FACT SHEET

The Cuba - Matanzas dental students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during dental school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Cuba - Matanzas's comprehensive tobacco control program.

The Cuba - Matanzas dental students GHPSS was a census of 3rd year dental students attending the 7 dental schools in Cuba - Matanzas that was conducted in 2008. The school response rate was 100% and the student response rate was 78.6%. A total of 255 students participated in the Cuba - Matanzas dental students GHPSS.

Prevalence

- 55.6% ever smoked cigarettes (Males = 58.3%, Females = 54.5%)
- 15.6% currently smoke cigarettes (Males = 41.7%, Females = 6.1%)
- 8.7% ever used any form of tobacco other than cigarettes (Males = 8.3%, Females = 8.8%)
- 6.5% currently use any form of tobacco other than cigarettes (Males = 16.7%, Females = 2.9%)
- 38.5% of ever smokers smoked on school premises/property during the past year.
- 30.8% of ever smokers smoked in school buildings during the past year.

Factors Influencing Tobacco Use

- 64.4% were exposed to second-hand smoke at home, during the past week.
- 75.6% were exposed to second-hand smoke in public places during the past week.
- 75.0% reported that their school had a ban on smoking in school buildings and clinics.
- 35.5% reported that their school enforced the ban on smoking in school buildings and clinics.
- 97.8% thought smoking should be banned in all enclosed public places.
- 95.7% thought tobacco sales to adolescents should be banned.
- 80.4% thought there should be a complete ban on advertising tobacco products.
- 89.1% were taught about the dangers of smoking during dental school training.

Role Model and Cessation Training

- 100.0% thought health professionals serve as role models for their patients.
- 100.0% thought health professionals have a role in giving advice about smoking cessation to patients.
- 34.8% received formal training in smoking cessation approaches during dental school.
- 100.0% thought health professionals should get specific training on cessation techniques.

Highlights

Almost 1 in 5 currently smokes cigarettes and 6.5% currently use other tobacco products.

Three-quarters were exposed to smoke in public places.

Almost all support a ban on smoking in all enclosed public places.

Over one-third received training to provide patients with cessation approaches.

All think health professionals should get specific training on cessation techniques to use with patients.