

PREVENT dengue, chikungunya and Zika

by removing mosquito breeding sites and protecting yourself from their bites.



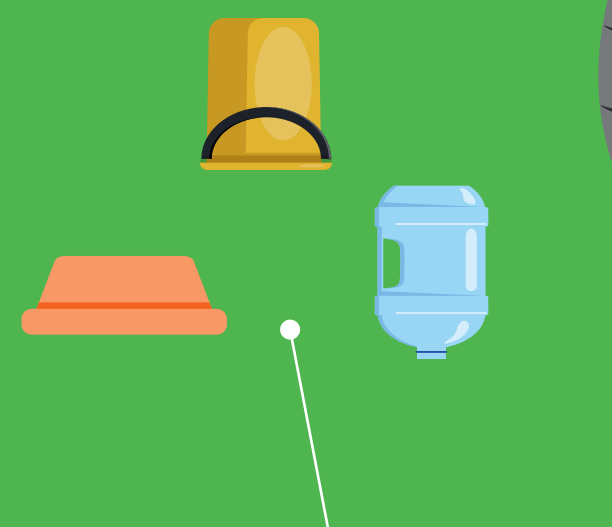
CLEAN roof gutters and drains to avoid water accumulation.

COVER water storage containers.

CLEAN the water storage of AC units every week.

USE wire-mesh/ mosquito nets on doors and windows.

EMPTY and clean the outer tray of the refrigerator every week.



STORE, turn upside down, or remove outdoor containers that may collect water.

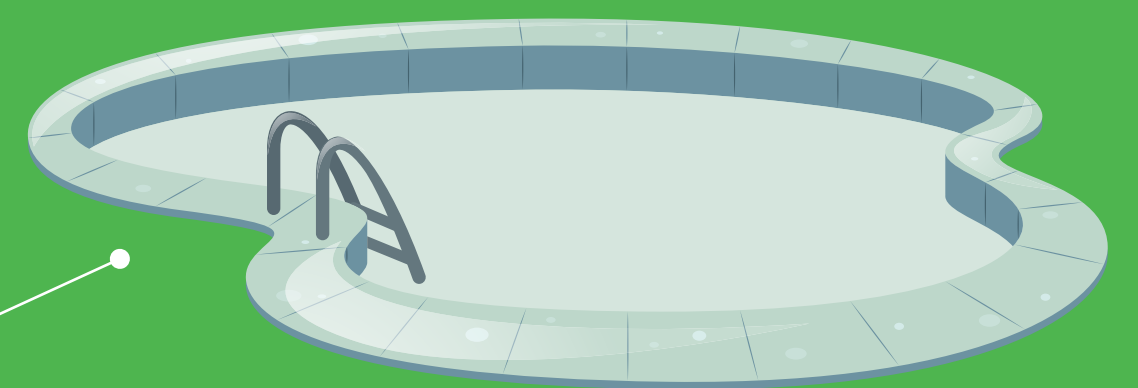
CHANGE water in vase and flower pots once a week.

CLEAN pet food container once a week.

KEEP garbage container dry and well covered.

BRUSH inside of the barrels with water and soap once a week and keep covered.

EMPTY and clean swimming pools that are not in use.



SHARE INFORMATION!
Help your neighbors to eliminate mosquito breeding sites.

PAHO



Pan American Health Organization



World Health Organization
ORGANIZACIÓN PANAMERICANA DE LA SALUD



MORE INFO