

# FIGHT THE BITE

DESTROY MOSQUITO BREEDING SITES

MOSQUITO  
AWARENESS  
WEEK



**PAHO**



Pan American  
Health  
Organization



World Health  
Organization  
who.int Americas

## FIGHT THE BITE, DESTROY BREEDING SITES

1- Change the water in vases and flower pots once a week.

It is important to clean them in case mosquito eggs are still attached to them.

2- Brush the sides of barrels, at least once a week.

3- Cover tanks, pools, and sinks. Protect doors and windows with mosquito netting.

4- Destroy mosquito breeding sites to prevent the transmission of diseases, such as dengue, zika, chikungunya, yellow fever and malaria.

5- Turn over containers that can accumulate water and remove any that are not necessary.

6- Keep garbage containers dry and well covered.

7- Clean rain gutters and drains; if they get blocked with leaves and garbage, there will be mosquitoes.

8- Check mosquito netting once a week to be sure there are no holes that mosquitoes could get through.

9- Use clothing that covers your skin as much as possible.

10- Use repellents on skin and clothing, following product instructions for repellents with up to 30% D.E.E.T. and those containing Picaridin.

[WWW.PAHO.ORG/SAM](http://WWW.PAHO.ORG/SAM)

#fightthebite



FIGHT THE BITE  
FIGHT THE BITE  
FIGHT THE BITE  
FIGHT THE BITE  
FIGHT THE BITE  
FIGHT THE BITE  
FIGHT THE BITE  
FIGHT THE BITE  
FIGHT THE BITE  
FIGHT THE BITE

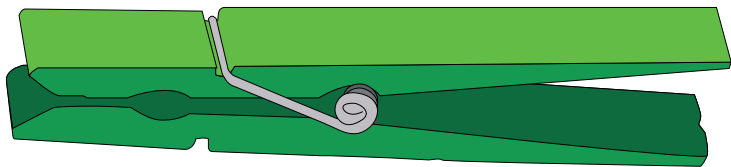
## SAMPLE PACK CLOTHESPINS SIDE A



CHANGE WATER IN VASES AND FLOWER POTS.  
BRUSH BARRELS ONCE A WEEK.  
COVER TANKS, POOLS, AND SINKS.  
DESTROY MOSQUITO BREEDING SITES  
REMOVE UNNECESSARY CONTAINERS.  
DON'T LET WATER POOL IN GARBAGE.  
CLEAN RAIN GUTTERS AND DRAINS.  
CHECK FOR HOLES IN MOSQUITO NETTING.  
WEAR LONG SLEEVES.  
USE THE RECOMMENDED REPELLENTS.

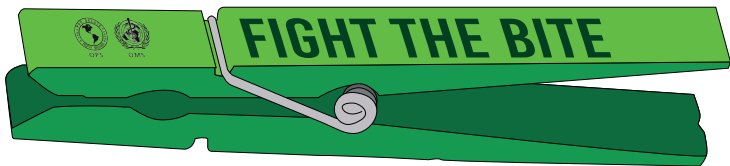
## SAMPLE PACK CLOTHESPINS SIDE B

CLOTHESPIN SAMPLE: 9,5 X 1 CM MADE OF WOOD

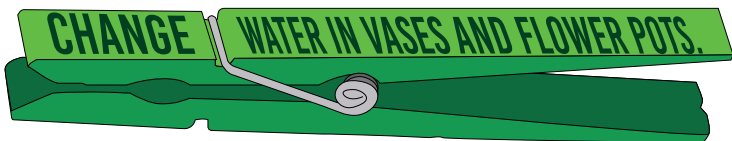


SAMPLE CLOTHESPIN WITH MESSAGE

SIDE A



SIDE B



# MESSAGES AND BACKGROUND



PANTONE 381 U  
CMYK 54 0 98 0



PANTONE 376 U  
CMYK 90 37 94 35

FONT: BEBAS KAI REGULAR



PANTONE 7 U  
CMYK 92 78 62 97

## SIDE A



# FIGHT THE BITE

## SIDE B

**CHANGE WATER IN VASES AND FLOWER POTS.**

**BRUSH BARRELS ONCE A WEEK.**

**COVER TANKS, POOLS, AND SINKS.**

**DESTROY MOSQUITO BREEDING SITES**

**REMOVE UNNECESSARY CONTAINERS.**

**DON'T LET WATER POOL IN GARBAGE.**

**CLEAN RAIN GUTTERS AND DRAINS.**

**CHECK FOR HOLES IN MOSQUITO NETTING.**

**WEAR LONG SLEEVES.**

**USE THE RECOMMENDED REPELLENTS.**

SIDE A

## **FIGHT THE BITE**

SIDE B

**CHANGE WATER IN VASES AND FLOWER POTS.**

**BRUSH BARRELS ONCE A WEEK.**

**COVER TANKS, POOLS, AND SINKS.**

**DESTROY MOSQUITO BREEDING SITES**

**REMOVE UNNECESSARY CONTAINERS.**

**DON'T LET WATER POOL IN GARBAGE.**

**CLEAN RAIN GUTTERS AND DRAINS.**

**CHECK FOR HOLES IN MOSQUITO NETTING.**

**WEAR LONG SLEEVES.**

**USE THE RECOMMENDED REPELLENTS.**